Ten formal meetings (see attached attendance list) were held this year with additional communication and discussion via Blackboard and e-mail. Meeting agendas were circulated prior to each meeting and meeting minutes forwarded to all participants via Blackboard. Copies of meeting agendas and minutes are available upon request. Highlights of discussion topics addressed this year are as follows:

1. The group decided to continue the small group work model piloted last year allowing students to focus on topics of greatest interest. The themes of this year’s sub-groups were: Lifestyle Choices; Education and Access to Care.

2. Guest Speakers

   - Amber Ingalls, Health Educator (11/7) - provided a professional introduction and update on activities and initiatives coming out of Health Education.
   - Garrett Fitzgerald, Associate Director For Alcohol & Other Drug (AOD) Programs & Services (11/21)- dialogued with the group about the AOD program, policies such as the University’s Good Samaritan policy; trends; student concerns; issues on the horizon etc.
   - Bridget McCane Saunders, Associate Director for Health Education; Amber Ingalls, Health Educator (2/13)- discussed program mission, the REACH Peer internship program and provided a programming update. The upcoming National Collegiate Health Assessment (NCHA) implementation was discussed. SHAC members present expressed strong interest in the survey and the data that will be generated. Bridget and Amber also answered questions regarding career trajectory.
   - Cindy Cowden, Associate Director, Campus Recreational Services (3/13) - provided an overview of the Healthy Campus Committee’s structure, mission and work. Students were asked their opinions on what defines wellness and what a “healthy campus looks like”. In her role as Associate Director of Campus Recreation, Cindy also discussed access to Fitspace and various funding models. Cindy shared that several years ago a referendum went before the Student Association to include Fitspace membership in mandatory fees and was voted down by students. Students present found the discussion interesting and informative.
   - Peter Napolitano, Director of Auxiliary Services; James Ruoff, General Manager, Sodexo Campus Services (5/1) - dialogued with the group on a variety of topics relative to dining services such as healthy food options and cost of those items; nutritional content and where food is purchased. There was also discussion on what changes students can expect when they return in the fall. Both guests encouraged students to feel comfortable sharing concerns and also invited interested students to participate in the Campus Culinary Council.

3. Agenda Items

   - **Special Interest Sub-groups**

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<tr>
<th>Theme</th>
<th>Topics</th>
<th>Outcomes</th>
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<tbody>
<tr>
<td>Lifestyle Choices</td>
<td>More open access to</td>
<td>Students planned to reach</td>
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| **Fitspace;**  
| Improving the health of Night Owl food choices;  
| Smoke free campus;  
| Sexual Health- safe sex educations, distribution of condoms  
| **Education**  
| Safe Ride Program;  
| Educating students on safety policies;  
| Hand washing and soap in restrooms across campus;  
| Mental health outreach;  
| Advertising to students  
| out to students on the Culinary Counsel relative to concerns regarding food options in the Night Owl. This was also discussed with Peter Napolitano/James Ruoff. A smoke free campus was discussed with mixed opinions on its success. Students did understand the challenges inherent in such a project. The conversation with Cindy Cowden did provide a wider context for students relative to their question on more open access to Fitspace. Students are interested in further meetings with Health Education and the AOD Program on study drugs and safe sex education on campus.  
| The group discussed needs for greater community education on substance abuse, including alcohol, healthy eating and eating disorders, smoking and sex education. Students are also interested in more information on health related student policies and mental health outreach. Students would like expanded handwashing options on campus, including in the dining halls. Festive decorations on campus in early December were viewed as stress relieving, as was de-stress May. Supporting transfer |
students was an area interest as was supporting international students on campus during the January break, an identified time of loneliness.

| Access to Care | Access to services at the UCC and the DSHSC | Students identified the importance of marketing health & counseling services as well as the Wellness Suite in Campus Rec. |

- **Student Health Fee for 2015-2016**: Asst. Vice President Mead lead a discussion on the student health fee projections for 2015-2016 following an overview of service trends and campus wide health initiatives provided by Johann Fiore-Conte. The following points were highlighted:

  - Projected increases in budget related to addition of positions, union negotiated salary increases and related fringe benefit costs (3% factor), as well as union negotiated salary increases for graduate assistants.

  - New positions include:
    - Director of Health Promotion and Prevention
    - Assistant Director - UCC

  There was a 5 year projection, outlining capped 3% annual fee increases. Based on this projection, the budget would show shortfalls for the next 3 years, then a small surplus in 2018-2019. A 3% increase for 2015-2016 would mean a $5/semester increase in the fee. The SHAC supported a 3% increase in the fee for 2015-2016 as was presented.

- **Recruitment of the Director of Health Promotion & Prevention**: There was SHAC representation on the search committee and students were given opportunity to interview the three final candidates.

- **Review of Chargeable Fees**: A list of chargeable fees (immunizations; crutch/cane loan etc.) in place at the DSHSC were presented for student review. Costs and fees reviewed were felt that those in place were appropriate based upon costs and the mission of the health service. There was no recommendation for alteration or modification.

- **University Sponsored Student Health Insurance for 2015-2016**: The University engaged in an RFP process this spring, with two SHAC student members participating in the proposal evaluations.

4. Topics of interest for the Fall 2015 semester will be explored early in the Fall semester.

Respectfully submitted,

Johann M. Fiore-Conte, Chair
Executive Director of Health & Counseling Services