Fleishman Center for Career and Professional Development

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Facebook.com/Binghamton.Careers  @FleishmanCenter

Get Experience!

Fleishman Center for Career and Professional Development

We Assist Students with their Career and Professional Development

- Explore Majors and Careers
- Gain Experience
- Prepare for Job Search
- Apply for Graduate/Professional School
Services Offered by Fleishman Career Center

Understand yourself better and develop as a professional

• Major/Career Exploration
• Internship/Job Search Assistance
• Skills Development Programs
• Networking Programs
• Experiential Education Programs (LACE, CDCI Internships, JC Mentor, Sodexo Internship Fund)
• Resume, Cover Letter, Interviewing
• Graduate/Professional School search and preparation

Learn about the world of work and get connected

• Work-study Student Employment
• Internship and Job Postings
• Job & Internship Fairs (Sept. 18)
• Law Day (October 1)
• Grad School Fair (October 2)
• LinkedIn Alumni Professional Network
• On-campus Recruiting
• Campus Interviews and Employer Info. Sessions
• Virtual Career Fairs
• Metro Career Week

FOCUS 2 Assessment

• Review your past academic strengths and how much career planning you’ve done thus far
• Complete the 5 self-assessments
• Review careers that match multiple assessment results
• Explore careers you might pursue depending on the major you choose

WWW.BINGHAMTON.EDU/CPD
In Your First Year at Binghamton:

- Explore your personal interests, values, skills as it relates to choosing a major and career
- Complete FOCUS 2 exercises and attend follow up programming
- Attend skills development and job/internship programs and events
- Complete your profile in our online job and internship database in late August

In Your First Year at Binghamton 2:

- Make meaningful and purposeful decisions about your coursework and how you spend your time outside of the classroom – get involved!
- Use B-Engaged to research campus opportunities and capture your involvement
- If you have questions about your career development, visit the Fleishman Career Center
Top 10 Skills Employers Seek

1. Ability to work in a team structure
2. Ability to make decisions and solve problems
3. Ability to plan, organize and prioritize work
4. Ability to verbally communicate with persons inside and outside the organization
5. Ability to obtain and process information
6. Ability to analyze quantitative data
7. Technical knowledge related to the job
8. Proficiency with computer software programs
9. Ability to create and/or edit written reports
10. Ability to sell or influence others

How can you gain skills that appeal to Employers?

Internships
Paid or Unpaid

Leadership in a professional organization

Supervised civic engagement
Leadership in a non-professional organization
Scholarly research with faculty
International Internship

Faculty supervised applied research project with company

Study Abroad

Source: Philip Gardner, Collegiate Employment Research Institute, Michigan State University
Where you might start

- Volunteering
- Campus Involvement
- On and Off Campus Part Time/Summer Work
- Coursework including
  - Research/Lab Work
  - Field Work
  - Clinical Experience
  - Projects or Practicums
- Internships

A little about Internships

**Specific Learning Goals**

- Academic Learning – apply knowledge learned in the classroom to the workplace
- Career Development – gain knowledge and explore interest in a field
- Skill Development – gain understanding of skills/knowledge required in the workplace
- Personal Development – gain decision-making, critical thinking, etc. skills

**Types:**

- Credit-Bearing
- Paid
- During the semester and over breaks
- For Experience
  - No-pay
  - No-credit
Sample of upcoming events

**Job & Internship Fair**
- September 18, 2014
- Events Center
- 90+ organizations
- Come prepared to network

**Graduate & Professional School Fairs**
- Law Day, October 1, 2014
- Graduate School Fair, October 2, 2014
- University Union

Profile of a successful student
- Gets good grades in a major they enjoy
- Actively participates in extra/co-curricular activities such as internships & volunteering
- Intentionally networks with professionals in their fields of interest
- Can articulate their strengths and experiences to employers
- Displays a professional demeanor and goes beyond expectations

Keep updated with our weekly Newsletter!