International students often have questions regarding requirements for health insurance. Health insurance in the United States can be very confusing. To learn more about what you will need to know about health insurance while you are a Binghamton University student, please visit [here](#).

Please be aware that there are specific health-related tasks (vaccinations, Tuberculosis screening, etc.) that you will need to fulfill when you arrive at Binghamton University. More information regarding health requirements can be found [here](#).

It is important to be aware that not all medical services are covered by your international health insurance. It is recommended that you complete the following tasks **before** you arrive in the U.S. If you need these services in the U.S., you will have to pay for them yourself:

1. **Visit a dentist for a dental exam and repair of any tooth decay or infection.** **Dental services are not part of your international insurance plan.**
2. If you wear glasses or contact lenses, make sure your prescription is up to date and that you are wearing the proper lenses. An extra pair of glasses and/or a full supply of contact lenses for the semester are highly recommended. **Eye glasses and exams are not part of your international student insurance.**
3. If you take any kind of maintenance medicine, arrive in the U.S. with a sufficient amount for your first two months of school. If you need to renew your medication it may take time to get your insurance ID card and be able to visit a doctor for an exam to have them issue you a new prescription.
4. **Routine, annual physical exams are not part of your international student insurance.** If you want to receive a routine physical exam, or receive preventative medical services, such as a flu shot, you should seek out those services in your home country, as you will have to pay for them yourself in the U.S.

If you have questions regarding your international student health insurance, please email our health insurance advisors at [intl.insure@binghamton.edu](mailto:intl.insure@binghamton.edu).

Please note that this is the fourth informative email within a series of 10 emails. To view previous pre-arrival emails, please click [here](#). Emails will only be posted once they have been distributed to incoming students.

**Best Wishes,**

**The Office of International Student and Scholar Services**

Binghamton University, State University of New York
Box 6000, Binghamton, NY 13902-6000 USA
1-607-777-2510 (phone)
1-607-777-4649 (fax)
Academic Year Office Hours: 8:30am-4:45pm
Summer Office Hours: 8:30am -3:45pm (Monday, May 23 through Friday, August 19)
Advising Walk-In Hours: Monday & Tuesday: 10:00am-11:45am, Wednesday & Thursday: 1:30pm-3:30pm
**Visit ISSS on the web!**

Location: Bartle Library, Ground Floor - Room LSG500

**Please Note:** *Neither the State of New York, through its agents, nor the State University of New York through its agents and employees, is responsible in any manner whatsoever for the payment of any claim for health-related services provided to individuals covered under this insurance policy. The State of New York and State University of New York are not responsible for obligations incurred by individuals who are not covered by this insurance policy. All individuals participating in the University’s health insurance programs described herein are responsible for*
reviewing all descriptions of the scope and level of coverage offered by this policy. Such participants will be solely responsible for obtaining additional coverage not provided under this program if such is deemed necessary by the participant.