Welcome! As parents and family of a Binghamton University student, I know you are eager to keep up with all the activities taking place on campus. Because Binghamton is an intellectually and culturally vibrant campus, every week is filled with events that engage students and foster their success. These events are designed to support them in both their academic and personal lives.

This is a very exciting time in the University’s history. Our Road Map for the future commits us to adding new faculty and new academic programs that will provide better learning experiences and increased career opportunities for our students. We have recently hired more than 100 new faculty, including both new and experienced professors teaching in nearly every academic field, and we are adding a new School of Pharmacy and Pharmaceutical Sciences. It is a bright future for Binghamton, and I am pleased your sons and daughters are with us for the ride.

Our students represent the best and the brightest, and I am thrilled they have chosen Binghamton University. I will continue to work hard to meet each and every one of our students, and I look forward to working with them to ensure the education we provide prepares them for the coming decades. I have high expectations for every one of our almost 17,000 students, and I wish them the best in their futures.

Please stay engaged as a parent with your student, and I encourage you to stay up-to-date by viewing the Parent Connect monthly e-newsletter. I also welcome feedback from you at hstenger@binghamton.edu.

With best wishes for a successful year,

Harvey G. Stenger
President
On behalf of the Binghamton University community, welcome to the Bearcat family! My goal is to provide support, enhance your relationship with the University and offer you consistent and updated communication. One of the many ways we do that is through our Parent Connect e-newsletter, which provides monthly updates from Dean of Students April Thompson.

Parent and Family Programs can assist you as you help your student navigate college life, both academically and socially. This is a time of transition and discovery for you and your student, and we believe an informed, supportive and engaged family is one of the best resources a student can have. Questions? Contact me at families@binghamton.edu.

*You should begin receiving this in August; if not, subscribe online at binghamton.edu/parents/news-and-information/index.html.

MORGAN APPEL
Coordinator, Parent and Family Programs

GET INVOLVED!
Want to stay more informed about the University? Interested in enriching the college experience for other Binghamton students and families?

• “Like” the Bearcat Family Association Facebook page
• Read the monthly Parent Connect e-newsletter
• Speak on campus to new families
• Host a regional event in your home
• Join our Parents Leadership Council

Learn more about these opportunities at binghamton.edu/parents or by emailing families@binghamton.edu.

ACADEMIC CALENDAR 2015-16
Fall Semester 2015
Aug 27 Residence halls open for new students 8 a.m.
Aug 28 Residence halls open for returning students 9 a.m.
Aug 28 Pre-semester registration (undergraduate and graduate), fall 2015
Aug 31 Classes begin
Sept 7 No classes (Labor Day)
Sept 11 Course add deadline, course drop/delete deadline
Sept 14-15 No classes (Rosh Hashanah)
Sept 16 Classes resume
Sept 22 Classes recess 1 p.m.
Sept 23 No classes (Yom Kippur)
Sept 24 Classes resume
Oct 9-11 Homecoming
Oct 23-25 Family Weekend
Oct 30 Course withdraw (with a “W”), change grade option deadline
Oct 30 Last day for seniors to submit an application for degree for fall 2015
Nov 25 Classes recess 1 p.m.
Nov 25 Residence halls close 2 p.m.
Nov 26-27 No classes (Thanksgiving)
Nov 29 Residence halls open 2 p.m.
Nov 30 Classes resume
Dec 15 Last day of classes
Dec 16-22 Final examinations
Dec 20 Fall Commencement ceremony
Dec 23 Residence halls close 11 a.m.

Winter Session 2016
Jan 4-22

Spring Semester 2016
Jan 21 Residence halls open 9 a.m.
Jan 25 Classes begin
Feb 5 Course add deadline, course drop/delete deadline
Mar 24 Course withdraw (with a “W”), change grade option deadline
Mar 25 Classes recess 1 p.m.
Mar 25 Residence halls close 2 p.m.
Mar 26-Apr1 No classes (spring recess)
Apr 3 Residence halls open 2 p.m.
Apr 4 Classes resume
Apr 4 Last day for seniors to submit an application for degree for spring 2016
Apr 22 Classes recess 1 p.m. (Passover)
Apr 25 Classes resume
May 11 Last day of classes
May 12-18 Final examinations; residence halls must be vacated 24 hours after last exam
May 19-20 Senior Days
May 20-22 Commencement ceremonies

PARTNERSHIP FOR A HEALTHIER AMERICA

Binghamton University joined the Partnership for a Healthier America (PHA), which works with the private sector and PHA honorary chair Michelle Obama to make healthier choices easier, in a three-year commitment to make our campus healthier. To accomplish this, the University is adopting 23 specific guidelines focusing on different aspects of food and nutrition, physical activity and programming. This endeavor will impact our nearly 17,000 students, including yours. Learn more at binghamton.edu/bhealthy/pha.html.
**HANGING AROUND** Orientation advisors try to pass each other on the tire swings of the Low Elements course during a team-building exercise. Orientation takes place in June and July.

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**TIPS**

**Independence Day**

**Talk about it**
Talk about your expectations regarding your student’s academics and career; learn what your student’s expectations and goals are. It’s important that students understand how very different the college environment is compared to high school.

**Time to change your style?**
As your student transitions from child to adult, consider altering your parenting style to reflect that of a mentor and coach. Allow your student to take more ownership of decisions and you may find that you’re the first one your student will turn to for advice.

**Things to think about this month:**
- You and your student should make a financial plan for tuition, loans and other academic expenses like books.
- The University Bookstore (binghamton.bncollege.com) has textbooks available before the semester starts; books may be rented or purchased in store or online.
- Remind your student to sign up (and to sign you up, too) for the B-Alert System, which sends emergency messages directly to a mobile device. Find out more at getrave.com/login/binghamton.

**NOTES**
**SETTLED IN** This mom and her student survived move-in day and you will too! Our Welcome Crew will be ready to help.

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<td>Residence halls open for returning students 9 a.m.</td>
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**TIPS**

- **Ready for move-in day?**
  - Visit binghamton.edu/residential-life/living-oncampus/what_to_bring.html for tips on what to pack, what to leave at home, what furnishings will be in the room and how to pack efficiently.
  - Get to campus at the time designated on your student’s housing assignment, which will arrive this month and include complete directions on the move-in process.
  - Keep in mind that move-in can take 1-2 hours during peak periods, so plan accordingly.
  - We’ll have staff and volunteers (the Welcome Crew) to help you get your student moved in.

**Res Life is here to help**

Within our Residential Life programs, students find a strong support system of peers and professionals who are available to offer advice, assistance and reassurance. Residential areas work hard to foster a close-knit community. Residential Life staff help new students adjust to living away from home through programming like barbecues, spirit days and floor get-togethers as well as by being mentors and friends.

---

**REC FEST**

**SUNDAY, AUGUST 30**

Stay active, get involved and have fun with friends!

Free inflatable games and giveaways, 39 club sport teams, fitness demos, intramural sign-ups, outdoor adventure activities and more. Our state-of-the-art fitness center and group fitness classes are free of charge for students throughout Welcome Weekend.

Facebook: /playbinghamton
Instagram: @bingrecreation

**campusrec**

Binghamton University

PLAY.BINGHAMTON.EDU

Binghamton University State University of New York
**TIPS**

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**NOTES**

**OPPORTUNITIES AHEAD** The Fleishman Center for Career and Professional Development hosts a job and internship fair each semester. The fall fair is September 17; more than 2,000 students and 100 employers are expected to attend.

**TIPS**

**Communication is key**
- Talk with your student about which communication methods (texts, calls, Skype, e-mail) you’ll use and how often you’d like to stay connected.
- Discuss how often your student will come home.
- Express your confidence that your student will successfully navigate this new environment.
- Talk about alcohol use and other tough issues your student may face this semester.
- Foster open communication by showing active listening skills and asking follow-up questions. Doing this may encourage your student to share details about life at school without fearing a negative reaction from you.

**Time for a care package!**
Campus Mail Services handles incoming and outgoing mail; students may send and receive letters and packages.

**Address (for items shipped via the USPS)**
Student’s name  
BU Box ######  
PO Box 6020  
Binghamton, NY 13902-6020

**Address (for items shipped UPS, FedEx, DHL, etc.)**
Student’s name  
BU Box ######  
4400 Vestal Parkway East  
Binghamton, NY 13902
OCTOBER 2015
**TIPS**

**Missing home is natural**
A little homesickness is okay. When students feel homesick, it’s natural to invite them home. But experts say sticking it out on campus for the first few months is key to helping students find their place. It’s important for them to get involved with weekend activities early in the semester, including programs provided by Residential Life, Campus Activities and the Student Association. Involvement and engagement lead to a sense of belonging. Plus, staying on campus means they’ll eat in the dining hall, hang out with other students and tune into the rhythm of Binghamton’s campus life.

**Things to think about this month:**
- Encourage students having roommate issues to try to work it out before you get involved. Your student’s resident assistant or resident director can help.
- Midterms can be stressful. Remind your student it’s all about time management.
- Family Weekend is October 23-25. Learn more at binghamton.edu/parents/events/family-weekend.html.

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**Housing sign ups for fall 2016 start next month!**
Check out the many diverse housing options we offer for living on campus, along with all-inclusive amenities, dining plans, social events and learning opportunities. Why live anywhere else?
### Tips

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#### Welcoming your student back home

With Thanksgiving break approaching, your student may be arriving home for the first time in a while. Take this opportunity to keep the lines of communication open by discussing significant changes that have happened at home, as well as how new relationships they have developed may impact whom they want to spend time with. This will be a good trial run for the extended winter break!

#### Staying healthy on campus

Make sure you’re in tune with your student’s mental and physical health. There are several resources available to students on campus such as the Decker Student Health Services Center, University Counseling Center, a health educator, a nutritionist, and many fitness and recreational opportunities.

#### Something to think about this month:

Is your student considering studying abroad for a semester? Now is the perfect time to attend an informational session about study-abroad opportunities. Learn more at binghamton-oip.terradotta.com.

---

**Perfect Gifts for Your Student This Holiday Season**

Binghamton.BNCollege.com
**HELPING OTHERS** Binghamton students contribute thousands of hours to the local community each year. These scholars are working in a soup kitchen.

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**Dealing with stress**
With finals just around the corner, your student may experience increased levels of stress. What's important is how that stress is managed. You can help by encouraging your student to attend extra review sessions and professors’ office hours, and take advantage of resources like the Writing Center, Public Speaking Lab, Discovery Advisors and tutoring help. Also, be sure your student explores “De-stress December” programs and activities at binghamton.edu/dean-of-students/de-stress-events.html.

**Download our app**
The bMobi app gives you access to University information including a student/faculty/staff directory, campus map, videos, course listings, campus news and information, sports scores and more. Download the app at binghamton.edu/mobi.

**Things to think about this month:**
- Have you and your student made plans for the trip home for winter break?
- Does your student know what day finals end and the deadline for checking out of the residence hall?

**STRESS IS ONE OF THE TOP FOUR HEALTH IMPEDIMENTS TO ACADEMIC SUCCESS.**
Studies show that 40 percent of students report they often feel stressed; 1 in 5 say they feel stressed most of the time.

**VISIT BHEALTHY.BINGHAMTON.EDU**
Find stress management resources including counselors, meditation groups, massage and student groups to join for healthy socialization.

**WHAT CAN YOU DO FROM HOME?**
Encourage students to eat well, get sleep and exercise. Let them know it’s okay to take study breaks.
**NEW YEAR’S DAY**

There are more than 280 undergraduate student organizations on campus, including the SnoCats Ski & Snowboard Club. Student clubs are a great way to meet new friends.

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**TIPS**

**New year, new budget**

While your student is home, take the time to create a budget for the new semester. Start by reviewing how well the previous semester’s budget met your student’s actual expenses. It’s important that you agree on who pays for academic expenses like tuition and books and who pays for social expenses like eating out and going to movies. Keep in mind the University offers money-saving options like free movies at Late Nite Binghamton or renting textbooks instead of buying. A budget-planning sheet is available at binghamton.edu/dean-of-students/docs/budget_worksheet.pdf.

**University glossary**

Explore our glossary of common Binghamton terms at binghamton.edu/parents/glossary.html.

**Things to think about this month:**

- Take this opportunity to discuss academic, major, career and social goals with your student. Have you changed your mind about anything? Has your student?
- Try to spend as much time with your student as you can before it’s time to head back to campus.

**Rent or Buy: New, Used, and Digital Textbooks**

Binghamton.BNCollege.com / BinghamtonBookstore
**TIPS**

**Planning for spring recess**
If you haven't already done so, now is the time to discuss spring recess with your student. Talk to your student about personal responsibility and safety, and encourage your student to think through choices. Students who make good decisions and wisely plan their actions now can return from the break rested, renewed and ready to complete the last half of the semester.

**Construction news**
Visit binghamton.edu/physical-facilities/construction-news.html for the latest information about construction taking place on campus.

**Campus news**
If you’re looking for campus news, visit Binghamton University’s online newspaper, Inside, at binghamton.edu/inside.

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**DISCOVERY AWAITS** Undergraduates have many opportunities to work with faculty on innovative research, which takes them beyond textbook knowledge and helps them learn the excitement of discovery.

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**Gear up for another active semester with Campus Rec**
Intramural sports, open rec basketball, volleyball, racquetball, swim, outdoor activities every weekend for the adventure seeker, state-of-the-art fitness equipment and more than 100+ group fitness classes every week!

---

**Play.Binghamton.edu**

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**Binghamton University**

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**Play.Binghamton.edu**
**TEAMWORK** Campus Recreation offers countless ways for students to get and stay active, including participation in club sports like Binghamton Crew.

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**TIPS**

**Planning for summer**
Summer is only a few months away. Will your student be looking for a summer job or internship? Or taking a class or two during Summer Session? Most applications are posted this time of year, so remind your student to start planning now. Information about internships is available through the Fleishman Center for Career and Professional Development at binghamton.edu/ccpd/internships and information about Summer Session can be found at summer.binghamton.edu.

**Things to think about this month:**
- March is a time to begin making decisions about class schedules for the next school year, so encourage your student to make an appointment with an advisor to discuss fall registration.
- If students will be traveling home during the break, encourage them to bring home any items that are no longer needed (winter clothes, old textbooks). Having fewer items will make moving out in May easier!

1.5 MILLION COLLEGE STUDENTS GO ON SPRING BREAK EVERY YEAR
where they are nearly four times more likely to engage in binge drinking and activities they find regrettable afterward. VISIT BHEALTHY.BINGHAMTON.EDU

CHALLENGE YOUR STUDENT TO THINK DIFFERENTLY ABOUT SPRING BREAK!
Last year more than 10,000 students nationwide spent their time working for charities such as Habitat for Humanity. They can better use the time to discover a new passion, participate in community service or just catch up and get refreshed. Many offices on campus can help identify “alternative spring break” opportunities.
**BE MERRY** When you visit Greater Binghamton, don’t miss the area’s six antique, wood-carved merry-go-rounds. It’s the only collection of this kind in the world!

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**TIPS**

**No major declared yet?**
Is your student still undecided about a major? Harpur Advising has created a website at binghamton.edu/harpur/advising/first-year/index.html to help students make sense of choosing a major. The site can also help students navigate the advising process, understand General Education requirements and learn about campus resources that offer additional assistance.

**Things to think about this month:**

- With summer break approaching, it’s time to think about your student returning home for a couple of months. Has anything changed at home that your student needs to know? Do you expect your student to have the same responsibilities (chores, curfews) as before? Be sure to communicate about your expectations with your student.

- It’s time to register for courses for the next academic year. How well is your student working toward fulfilling General Education and major requirements? Academic advisors are available to help.

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**It’s time for spring events!**

All of our communities have fun, spring events planned to provide a much-needed break from winter. Students should check their community traditions and events calendar for upcoming competitions, dances, concerts and dinners. It’s a great way to de-stress before finals and make important connections with friends and faculty for next semester.
**A JOB WELL DONE** Commencement is always the highlight of the academic year. As parents and family members, your guidance is crucial to our graduates’ success!

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**TIPS**

**Keeping stress at bay**
Finals can cause a great deal of stress for students, and the thought of not seeing new friends for a few months or saying goodbye to graduating friends can intensify those feelings. Be sure to talk with your student about managing stress. Advise your student to eat right, get enough sleep and manage time wisely. Suggest exploring our “stress-free spring” events and activities at binghamton.edu/dean-of-students/de-stress-events.html. Students who are overly anxious may benefit from counseling. Encourage them to contact the University Counseling Center.

**Remind students to check e-mail**
Encourage students to check their Binghamton e-mail (BMail) accounts regularly throughout the summer for communications from the University, such as housing updates and billing notices.

**Something to think about this month:**
Students must vacate the residence hall 24 hours after their last exam, so make plans to pick them up accordingly.
SAFETY

Where parents can call during a campus emergency
- BU-Alert line: 607-777-7700

Where students should call in an emergency
- University Police: 607-777-2393
- Harpur’s Ferry, campus medical response ambulance: 607-777-3333

Emergency notification methods
Binghamton University uses several methods to communicate emergency information to students, faculty and staff. These include:
- Text/electronic messaging (students can register themselves and their parents to receive B-Alert text alerts at getrave.com/login/binghamton)
- Outdoor siren
- BU-Alert phone line (607-777-7700)
- Electronic message boards/TVs
- University website (binghamton.edu)
- University cable channel 42
- B-line student e-mail list
- Campus and local media
- Social media

University Police
The New York State University Police at Binghamton (binghamton.edu/police) is staffed by highly trained police administrators, patrol officers, investigators, communications officers and security services assistants. The University Police office is open 24/7. University Police patrol the campus by foot, bicycle and car.

Services include:
- Educational programs aimed at creating a safe campus environment
- Safety escort service and Safe Ride Van program for students traveling on campus at night
- 82 emergency blue-light phones throughout campus, wired directly to the University Police; when a caller lifts the receiver, the police dispatcher knows the phone’s location and sends a patrol car

Sexual assault prevention and response
Binghamton University does not tolerate sexual assault and has numerous resources available to help students recognize and prevent violence in our community and to assist those who have experienced any form of sexual assault. Key offices students may turn to for assistance and information include:
- Dean of Students: 607-777-2804
- Interpersonal Violence Prevention: 607-777-3062
- University Police: 607-777-2275
- Decker Student Health Services Center: 607-777-2221
- University Counseling Center: 607-777-2772
- Diversity, Equity and Inclusion: 607-777-4775

To report a crime to the University Police
Parents and students may report a crime (i.e., theft, assault, sexual assault) to the University Police by calling 607-777-2393. To report a crime anonymously, go to binghamton.edu/police/emergency.html and complete the online form.
University Counseling Center
The University Counseling Center (binghamton.edu/counseling) provides preventive and clinical psychological services to Binghamton students. All information is confidential unless the student signs a release form. Parents may call to consult with our professional staff; however, release forms are needed for certain types of information.

Decker Student Health Services Center
The Decker Student Health Services Center (binghamton.edu/health) is a primary care clinic for students staffed by registered nurses, physicians, nurse practitioners, health educators and an HIV test counselor. The mandatory student health fee prepaers for office visits as well as some medications and common medical supplies. Students are responsible for the cost of lab tests and services provided by off-campus agencies. Be sure your student’s current health insurance coverage can be used for outpatient services and specialist referrals in this community and that your student understands any limitations to this coverage.

About parental notification
The University will contact parents/guardians in most instances of health emergencies, serious accidents, or other serious medical or psychological conditions, including those that arise out of alcohol or other drug use, when it has been made aware of such incidents.

Healthy Campus Initiative
The Healthy Campus Initiative strives to cultivate a culture that is supportive of individuals and groups in pursuit of their optimal potential. Many campus resources are available to support students in their efforts to choose well and be well. For more information, visit binghamton.edu/bhealthy/resources.

Safety and health links
• B-Alert emergency text alerts: getrave.com/login/binghamton
• Authorization for release of protected health information: binghamton.edu/health/forms.html
• Required medical forms and health insurance: binghamton.edu/health/parents.html
• Instructions on waiving the University-sponsored health plan fee: binghamton.edu/student-accounts/inswaiver.html

RESIDENTIAL LIFE/ HOUSING
Our Residential Life program (binghamton.edu/residential-life) offers a variety of living styles and options, including corridor-style rooms, flats, suites and apartments, as well as special living options such as chemical-free and break housing. Students choose from six residential communities, each with its own personality, student government, dining hall, quad, recreational facilities, traditions and culture:
• College-in-the-Woods
• Dickinson Community
• Hinman College
• Mountainview College
• Newing College
• Apartments: Hillside and Susquehanna

Tenured faculty masters, resident directors, assistant resident coordinators and resident assistants support all students living on Binghamton’s campus in their academic and personal growth. They provide academic guidance and add to your student’s educational experience, while maintaining and enhancing a sense of community on campus.

Residential Life/housing links
• Residential Life parent website: binghamton.edu/residential-life/parents/index.html
• Residential Life residential communities: binghamton.edu/residential-life/communities/index.html
• Housing license: includes information on damages and roommate conflicts; binghamton.edu/residential-life/living-oncampus/forms.html
• What to bring: binghamton.edu/residential-life/living-oncampus/what_tobring.html
• Residential community laundry facilities: binghamton.edu/auxiliary-services/laundry-services.html
• Refrigerator rental: binghamton.edu/auxiliary-services/refrigerator-rental.html
TRANSPORTATION/PARKING/GETTING STUDENTS HOME

- Students may ride any Broome County Transit bus or student-run Off Campus College Transport/OCCT (binghamton.edu/occ/transport.html) “blue bus” free of charge. OCCT shuttles students throughout campus, to the University Downtown Center and to the Innovative Technologies Complex. OCCT also serves downtown student housing areas and other popular student destinations.
- Students may purchase discounted Short Line and Greyhound tickets at the Escape office in UUW-320. The student-run Escape office (escape.binghamton.edu) also organizes weekend bus transportation to various locations and to downstate New York throughout the year and over University-recognized holidays.
- Air transportation is available at the Greater Binghamton Airport (flybgm.com).
- Freshmen cannot have vehicles on campus. When visiting your student on campus, you may purchase a day pass at the information booth for the parking garage or visitors’ paid lot. Parking is free on the weekends in most surface lots. Visit binghamton.edu/parking-services for details about campus parking.
- Hertz on Demand (hertzondemand.com) is a car-sharing service on campus.

ACADEMIC RESOURCES

Academic advising
Academic advisors can provide information about departmental policies, curriculum requirements, course selection and degree planning as well as help students explore links between academic programs and careers.
- CCPA: 607-777-2841 or binghamton.edu/human-development/current-students/advising-mentoring/index.html
- DSON: 607-777-4954 or binghamton.edu/dson/academics/undergrad/under_advising.html
- GSE: 607-777-5322 or binghamton.edu/gse/current-students/index.html
- Harpur: 607-777-6305 or binghamton.edu/harpur/advising
- SOM: 607-777-2316 or binghamton.edu/som/undergraduate-programs/academic-advising
- Watson: 607-777-6203 or binghamton.edu/watson/student-services/advising

Libraries
Binghamton University Libraries (binghamton.edu/libraries) provide a wide range of library services and resources. The Libraries also offer research consultation, customized instruction and virtual and in-person reference assistance. There are many locations and online resources.

Study abroad/international programs
Study abroad (binghamton-oip.terradotta.com) provides students with wonderful settings in which to expand their cultural and linguistic horizons. The University sponsors study-abroad and exchange programs in many locations and fields; students also have access to hundreds of SUNY-sponsored programs that permit them to live in a foreign country while studying a wide range of subjects. Study abroad is part of the University’s Office of International Programs (binghamton.edu/oip) and works closely with the Office of International Student and Scholar Services (binghamton.edu/iss), which provides programs and services to the more than 2,700 international students and scholars from 100+ countries on campus.

Other academic resources
- The Discovery Program (binghamton.edu/discovery) helps students explore academic and career interests. Services include Discovery Advisors (peer academic advisors), the early-warning program for mid-semester grades, and the fall and spring Academic Advising and Schedule Building Week events.
- The Writing Center (binghamton.edu/writing/writing-center) offers free, skilled, peer tutoring to all Binghamton students. Students work one-on-one with a tutor on any aspect of writing.
- University Tutoring Services (UTS) offers free, scheduled group appointments and walk-in individualized tutoring sessions for Binghamton students. For a list of courses for which UTS offers tutoring, FAQs, information on how to schedule an appointment and more, visit binghamton.edu/cit/tutoring-services.
- The Public Speaking Lab (binghamton.edu/public-speaking) teaches students skills and techniques to improve their public speaking.

Academic-related links
- The Bulletin: Students are responsible for fulfilling graduation requirements as stated in the University Bulletin (bulletin.binghamton.edu) that is published the year they enroll.
- DARS/Degree Works: The University is transitioning to a new degree audit system (Degree Works) from its former system (DARS) (binghamton.edu/registrar/students/dars-grades-gpa/index.html). All students admitted in fall 2013 or later use Degree Works to track their individual academic progress. Returning students continue to use DARS.
- BU Brain: BU BRAIN (binghamton.edu/self-service) is an entry point to the resources available to students including their schedule, grades, final examination schedule, outstanding obligations and course registration information.
- Summer/winter courses: The University offers a three-term Summer Session (summer.binghamton.edu) and a three-week Winter Session (winter.binghamton.edu).
- My.binghamton.edu portal: Through my.binghamton.edu, students can access BU BRAIN Self-Service, Blackboard, B-Engaged and TutorTrac with a single logon/one authentication. The portal also provides quick links with easy login access for BMail, QuikPAY, myHealth and other services.
Dean of Students Office
The Office of the Dean of Students (binghamton.edu/dean-of-students) provides support for a variety of student concerns and helps students take full advantage of the resources Binghamton University has to offer.

In addition to Parent and Family Programs, the Dean of Students Office encompasses the following areas, which work together to support student success:

- **Campus Activities** (binghamton.edu/campus-activities) provides students an enriched collegiate experience through opportunities to develop their leadership, interpersonal, programming and organizational skills. Programs include Late Nite Binghamton, University Fest and Spring Fling.
- **Case Management** (binghamton.edu/dean-of-students/case-manager.html) is available to assist students who are struggling with personal and health-related problems that are interfering with their academic and personal success.
- **The Office of Fraternity and Sorority Life** (binghamton.edu/greek-life) oversees the activities of Binghamton’s fraternities and sororities, provides advisory support to these groups and facilitates community-education initiatives. Whether students want to enhance participation in their area of study, learn more about their own (or another) culture or simply meet new friends, fraternities and sororities have something for everyone.
- **Off Campus College/OCC** (binghamton.edu/occ) delivers a variety of services for students living off campus including off-campus housing information, lease review, free legal clinics and community relations assistance.
- **The Office of Student Conduct** (binghamton.edu/student-conduct) educates the campus community about and enforces the University’s “Code of Student Conduct.”

Office of Diversity, Equity and Inclusion
In 2013, the University established the Office of Diversity, Equity and Inclusion (ODEI) (binghamton.edu/diversity-equity-inclusion) to support the development and implementation of diversity and inclusion initiatives that create a welcoming campus climate that exudes a fundamental respect for human diversity in all its dimensions. The University views diversity as encompassing all individuals and groups as well as social, cultural, political, religious and other affiliations. The ODEI is committed to the idea of respect for human diversity in our learning and working environs and to creating an atmosphere where prejudice, harassment and discrimination are unacceptable.

Multicultural Resource Center
Part of ODEI, the Multicultural Resource Center (MRC) (binghamton.edu/multicultural-resource-center) supports the recruitment, retention, development and success of all students, with emphasis on students from historically underrepresented backgrounds. The center coordinates the University’s cultural initiatives as well as develops, implements and supports other student programming.

Title IX compliance
Title IX prohibits discrimination on the basis of sex in any educational program or activity that receives federal financial assistance. Binghamton University’s Title IX policies are consistent with federal requirements and prohibit discrimination on the basis of gender. For information visit binghamton.edu/diversity-equity-inclusion/policies.
Fleishman Center for Career and Professional Development
The Fleishman Center for Career and Professional Development (binghamton.edu/ccpd) works with students in all majors, offering programs, events, resources and individual assistance to help them explore careers, choose a major, find a job or internship, write a résumé, develop effective interviewing skills and apply to graduate school. The center manages the University’s on-campus recruiting program in which employers visit campus to interview students for professional positions and internships. Parents are invited to review the parents section of the website at binghamton.edu/ccpd/parents/index.html.

Services for Students with Disabilities
The Services for Students with Disabilities (SSD) Office provides assistance to students with physical, learning or other disabilities. Disability documentation guidelines are available at the SSD website (binghamton.edu/ssd), and individuals registering with the office are expected to take an active role in the arrangement and management of their services and accommodations. Visit the website for key services and on-campus accommodations.

Center for Civic Engagement
The Center for Civic Engagement (CCE) (binghamton.edu/cce) works with communities in and beyond Binghamton’s campus to provide rewarding and meaningful volunteer and service opportunities to students, faculty, staff, alumni and community members. The CCE supports the attainment of academic, personal and professional growth through civic engagement, with the goal of fostering active and engaged citizens.

BILLING/TUITION

Student Accounts
The Student Accounts Office (binghamton.edu/student-accounts) creates the student’s electronic bill (E-bill) based on registration (and any other charges added to the account). The E-bill is sent via e-mail to each student’s University BMail address as well as to any authorized payers (see box). The first fall term E-bill is prepared at the beginning of August; spring term E-bills are prepared in early January. Students will be sent a monthly statement if they have a balance due on their account. Student Accounts can also determine New York state residency for tuition purposes and apply personal payments, financial aid, loans, private scholarships, armed forces benefits and TAP state-aid to an account.

Financial Aid Services
Binghamton’s Financial Aid Services Office (binghamton.edu/financial-aid) encourages students and families to explore their financing options. It is recommended that all students file a Free Application for Federal Student Aid (FAFSA) (fafsa.ed.gov) after January 1 every year so they may take advantage of federal and state funding options such as grants, student and parent loans, and work-study programs. Financial aid counselors are available to meet with students and parents during the academic year and summer.

Becoming an authorized payer
Have your student add you as an authorized payer so you can receive E-bill notices (binghamton.edu/student-accounts/addauthpayer.html).

Billing and tuition links
• Payment procedures: Payment procedures are described at binghamton.edu/student-accounts/paypro.html.
• Financial aid appeals: Financial aid appeals (binghamton.edu/financial-aid/funding-needs/special-circumstances.html) are available to accommodate circumstances that arise that are beyond a family’s control and are not reflected accurately on the FAFSA.
• Scholarship information: Learn about University-sponsored scholarships and other scholarships (binghamton.edu/financial-aid/types-of-aid/scholarships/index.html) your student may qualify for.
• Student employment: Part-time jobs (binghamton.edu/financial-aid/types-of-aid/student-employment/index.html) are available on and off campus for all students, including those who receive federal work-study funding.
**COMPUTERS/TELECOMMUNICATIONS**

A fully staffed Help Desk (binghamton.edu/its/organization/clientsupport/helpdesk), located in the lobby of the Computer Center, provides walk-in and call-in help during normal business hours for questions about computer accounts, passwords, software, electronic mail, Internet access and more.

Students with an active Binghamton University e-mail address may download the latest version of the full Microsoft Office productivity suite (Word, Excel, PowerPoint, OneNote and more) at no charge. Go to binghamton.edu/its/software and follow the directions to download the free software.

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**DINING/BUC$/BANKING**

- **Dining facilities:** Binghamton University Dining Services by Sodexo (binghamtonudining.com) provides Binghamton University dining services and offers students the flexibility to eat anywhere on campus at almost any time. Each dining service location features its own atmosphere and menu.
- **Student meal plans:** All students living on campus (except those in the apartment communities) are required to select one of the meal plan options (binghamtonudining.com). The program is structured to provide the best value for students in residence halls. All dining plans use an à la carte system, so students pay only for the items they purchase. Meals may be eaten in or taken out. Funds remaining at the end of the semester carry over to the following semester if a meal plan has been purchased for the next semester. Additional funds can be added from an online account.
- **Binghamton University Card System/BUC$:** A BUC$ (binghamton.sodexomyway.com/dining-plans/bucs.html) account is a declining debit account accessed with the Binghamton University ID; it eliminates much of a student’s need to carry cash. BUC$ is accepted at many locations on campus. You or your student can manage the account online.
- **Banking services:** M&T Bank (mtb.com) provides banking services on campus. There is a campus branch in the University Union, as well as four ATMs across campus.

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**LIFE OUTSIDE THE CLASSROOM**

**Social centers on campus**
The University Union (binghamton.edu/union) is the center of many social, service and recreational activities. The University Union and the University Union West house the Student Association and offices for various campus organizations. The MarketPlace and student-run Food Co-op are various dining options available in the Union. It is also home to the University Bookstore, M&T branch office, a billiards room, bowling alley, ping-pong room, bike-share office, Campus Mail Services, video arcade and the Undergrounds Coffeehouse (a coffeehouse and live-music venue).

**Late Nite Binghamton**
Late Nite Binghamton (binghamton.edu/latenite) is a series of social programs that give students the chance to relax and socialize. Movies, music, games and refreshments are among the typical offerings.

**Anderson Center for the Performing Arts**
The Anderson Center for the Performing Arts (binghamton.edu/anderson-center) is a world-class performance facility that has showcased major U.S. and foreign symphony orchestras, dance ensembles, concerts, recitals, plays and major lectures. Most events are discounted for students with a valid Binghamton ID card.

**Student Association/SA**
With 280+ undergraduate student organizations on campus, most students participate in at least one extracurricular activity. Activities address a variety of interests — academic and pre-professional, athletic and recreational, political, cultural and ethnic, religious, social, service, fraternities and sororities, media, music, dance, entertainment and business. Students are also involved in campus media, producing newspapers and running television and radio stations. The Student Association (binghamton TSA.org) is responsible for many social, recreational and educational programs, along with concerts and lectures.
Religious life
Religious life abounds on Binghamton’s campus and there are many opportunities for students to learn about and practice their faith. The Multicultural Resource Center maintains a list of religious student groups at binghamton.edu/multicultural-resource-center/culturalorganizations.html#religious. Students may also wish to visit the University Union lobby weekdays at noon, when tables displaying various kinds of religious materials are often present. Binghamton students are also welcomed at local churches and synagogues.

Division I athletics
Highly competitive on the national level, Binghamton’s 21 NCAA Division I varsity athletic teams (bubearcats.com) are members of the America East Conference. Intercollegiate athletics encourage school spirit, enhance student life, strengthen community and alumni ties, and increase the school’s national visibility. Binghamton undergraduate students receive one free ticket for each home Bearcats Division I athletics event (student ID is required at box office).

Campus Recreation
From indoor to outdoor, team sports to individual activities, open recreation to credit classes, Campus Recreation (binghamton.edu/campus-recreation) offers countless ways for students to get and stay active. The Rec Center at the East Gym is the center of recreational programming on campus and includes a fitness center, gym, wellness suite, pool, ropes course and new turf field. Signature initiatives include:

• FitSpace, a fitness center with state-of-the-art cardiovascular and strength-training equipment, as well as group-exercise classes
• Outdoor pursuits, which provides experience-based adventure and environmental education for beginners through outdoor enthusiasts
• Intramural and club sports that offer competitive and recreational leagues for students in a wide variety of individual and team sports
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Why live on campus?
The convenience of classes, recreation, academic support and wellness resources within a five-minute walk. The ease of one, all-inclusive bill covering housing, utilities, cable, Internet, laundry, maintenance and food! The camaraderie of 7,000 community members and new friends. The peace of mind of secured buildings, University police, emergency services and counseling. The support of 33 live-in professional staff and 224 resident assistants available 24/7 to help your student feel welcomed, informed and connected with resources, faculty and other students across campus.
Why live on campus?

The **convenience** of classes, recreation, academic support and wellness resources within a five-minute walk. The **ease** of one, all-inclusive bill covering housing, utilities, cable, Internet, laundry, maintenance and food! The **camaraderie** of 7,000 community members and new friends. The **peace of mind** of secured buildings, University police, emergency services and counseling. The **support** of 33 live-in professional staff and 224 resident assistants available 24/7 to help your student feel welcomed, informed and connected with resources, faculty and other students across campus.
Binghamton University Dining Services by Sodexo supports the University’s B-Healthy initiative by making fresh, local, healthy, and tasty options available at all of our locations. To help our students make better wellness decisions, we also offer:

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www.BinghamtonUdining.com
Encourage your son or daughter to visit the Fleishman Center for Career and Professional Development to speak about the future and prepare for career success!

Right from the start, the Fleishman Center helps students make informed decisions about their future careers. Through a number of services, programs and events, the Fleishman Center assists students in:

- Exploring majors and careers
- Gaining experience
- Preparing for a job search
- Applying for graduate/professional school

Career Advising
Staff in the Fleishman Center are available for individual assistance on a range of career topics. Students may meet with staff by either visiting the center during walk-in advising hours or scheduling an appointment through hireBING.

hireBING
An online connection between students and employers. Within the hireBING system, students can:
- Search jobs, internships, and employers
- Post and send résumés
- Participate in on-campus interviews
- Schedule appointments to meet with Fleishman Center staff

University Union, Room 133
binghamton.edu/ccpd
(607) 777-2400
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GROW
EXPERIENCE

WHAT WE DO:
• Connect students with key resources on and off campus, including Harpur alumni
• Offer programs and events to enrich students’ education
• Provide support for student initiatives

Harpur Edge Office: Library North 1105, near Jazzman’s Café
Open Monday-Friday, 11 a.m. to 5 p.m
binghamton.edu/harpur/edge
harpuredge@binghamton.edu
607-777-3626

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**UNIVERSITY TELEPHONE NUMBERS**

(all area codes 607)

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**RESIDENTIAL COMMUNITY OFFICES**

| College-in-the-Woods                            | 777-2637     |
| Dickinson Community                             | 777-2826     |
| Hillside Community                              | 777-4455     |
| Hinman College                                  | 777-4716     |
| Mountainview College                            | 777-7660     |
| Newing College                                  | 777-2864     |
| Susquehanna Community                           | 777-2904     |

**GIVING TO BINGHAMTON**

Your gifts as parents make a difference at Binghamton University. The Binghamton Fund provides current students (including yours!) with valuable extras not funded by tuition or the state — including career fairs, internships, research projects and cultural events. Learn more about parent and family giving at binghamton.edu/giving/making-a-gift/parents-fund.html.

**GREATER BINGHAMTON AREA**

We invite you and your family to visit the Greater Binghamton area and get to know more about our community. Learn more at visitbinghamton.org.