Watson International Student Career Checklist

Considerations for International Students Seeking Employment in the US

Have you...

☐ Reviewed the Watson Career and Alumni Connections Checklist?
  • The department website and resources provide fundamental information that is pertinent to all students seeking a career in the US.
  • Find the checklist at: https://www.binghamton.edu/watson/student-services/career/pdf/watson-career-connections-checklist.pdf

☐ Attended specialized career programming for International Students?
  • Twice a year the Fleishman Career Center provides specialized training called the International Student Boot Camp providing international student specific training in resumes, interviewing, international-friendly employment and networking.
  • The dates and information for this year’s International Boot Camp can be found at: http://binghamton.edu/ccpd/programs-and-events/

☐ Researched what you need to know about US Employment Regulations?
  • In order to participate in an internship or pursue a full-time position in the US, international students must know the US Employment Regulations.
  • Information can be found on the ISSS website: http://www.binghamton.edu/isss/employment/index.html
  • OPT and CPT training sessions are provided through the year, you can check our schedule of events to see when the next session is available.
  • When you are considering any employment opportunity please visit the International Student and Scholar Services office to ensure you complete all the steps required before you commit to a start date.

☐ Learned how to find jobs from International-Friendly Employers?
  • There are certain companies and government agencies that do not allow foreign nationals to work at their facilities, so you must focus on the organizations that do hire international students.
  • Check out GoinGlobal at https://secure.binghamton.edu/goinglobal/authorized.jsp to find employers who have sponsored international applicants with H1B visas.
  • Many employers are unfamiliar with the process of hiring international students so the more you understand what it takes, the easier it will be for you to work together with your employer to meet your visa needs. Changing your visa statuses will ultimately be your responsibility – Know the rules and regulations!

☐ Added US experiences to your resume and LinkedIn Profile?
  • US employers want to see how you have managed the US work environment, assimilated to the local culture, and showed committed local ties and relationships. Often employers will not value your home country experiences at the same level as the experiences you have in the US. Employers may fear that an international employee may return to their home country after a year or two.
  • Complete an internship with a company or a research project in a university lab in order to demonstrate you’ve had experience in the local work environment.
  • Show commitment to the companies you apply to and interview at and explain why the job they offer is important to you and your future.
  • List projects and activities that provide information on your participation in the local community.

☐ Networked, Networked and Networked?
  • Many employers are concerned about international students’ ability to communicate verbally and in writing. The best way to demonstrate your polished ability is to practice, practice, practice and practice speaking at networking events.