

# CPS & ECC Gazette

The Directors' Corner

February 2019

Dear CPS Families,

February is here! Along with the new month comes another fun holiday, Valentine's Day! As we celebrate the month of February our awesome teachers have some lovely learning to share with the children. The children will learn the purpose, colors and activities related to the holiday. This day also provides an opportunity to talk about the importance of sharing, giving, loving and friendship.

February is also National Dental Health Month. I have attached a fun chart that you could use to reinforce with your little ones how important it is to brush! Happy Brushing!

Also, if you see Ms. Lauren, feel free to wish her happiness and good health as her and her husband are expecting their first baby in May! Best wishes, Ms. Lauren!

All the Best,  
Tonya Rivera  
Executive Director

## Recipe For Bright White Play Dough! And It's Gluten Free!

### Ingredients:

1 cup corn-starch  
1/2 cup salt  
1 tbsp oil  
1 tbsp cream of tartar  
1 cup boiling (or nearly boiling) water  
few drops liquid glycerine (not essential, but makes it even smoother!)  
silver glitter (optional but soooo pretty)

### Directions:

- 1) Mix all of the dry ingredients in a bowl and add the oil
- 2) Next, pour in the water (adult only) and mix it up
- 3) Leave it for a little while to cool down, in which time it will come together more
- 4) Knead it until smooth and soft
- 5) Add in glitter and any scent (if desired)

If it's too sticky, add some more corn-starch. Many people have commented that it worked much better for them to heat the ingredients gently in a pan, stirring until it comes together to form a non-sticky ball. You may wish to just skip straight to doing this and it should work straight away! When it has formed a ball, take it off the heat and put it on the surface to cool. When cool enough, knead it until soft and stretchy, rolling it in oodles of silver glitter to make it sparkle like snow!

## Sparrows

January flew by.....here we are in full swing of winter. The children love the snow (including building their vocabulary with winter words). In February we will be mixing red with other colors, learning about the heart shapes, exchanging valentines, and discovering transportation (we are very interested in the snow plow and sidewalk brush). Watch for a valentine letter in your family mailbox soon.

*Ms. Kelly, Ms. Louise & Ms. Rebecca*

## Chickadees

Thank you to all our families for bringing in all of the appropriate outdoor clothing for playing in the snow. We have had a great time playing outdoors and look forward to the days ahead.

We celebrated our first birthday in January, and won't have another one until May!

In February, we will be talking and doing project related activities on friendships, valentines and dental health. We are also going to have a special visit from Valley Dental to talk to the children about dental health.

We will have a special time to exchange valentines between friends and we will be sending a separate letter home about it.

*Ms. Chris, Ms. Teá & Ms. Emily*

## Swans

We hope this New Year has been the start of a good one! All of a sudden here we are starting a new month.

During the first week of February we will be spending some time celebrating Chinese New Year, which is also known as the Spring Festival. The second week we will be celebrating Valentine's Day. Please be sure to check family mailboxes soon for more information about February 14th and 15th. The third week is centered around healthy habits. We will be focusing on eating well and exercising. We are working on having a few visitors that week, so stay tuned! The final week in February will be all about dental health. A local dental hygienist will be joining us to help us learn more about how to make good choices for our teeth.

We look forward to all the learning this coming month. We have a new intern from the University that has joined our classroom on Tuesdays and Thursdays. Her name is Allison and we welcome her during this semester. When you see her, feel free to say hi.

Thank you for all you do as a family. As always, feel free to let us know if you have any questions or concerns.

*Ms. Sarah, Ms. Michelle & Ms. Keeshia*

## Doves

*Hello Dove Families,*

*February is here and we are excited for our next themes. January was great with snowmen, winter, and polar animals. We designed snowmen, learned about various polar animals, and experienced winter first hand. We even had a little snowman in our window one day.*

*February is full of fun! Learning about Lunar New Year will spill over into the first week of February. We are so excited to learn about what Lunar New Year is and how we can include this into our classroom.*

*It is also a time for fairy tales. We will be doing two weeks of fairy tales. The first week will be fairy tales from around the world. It is always exciting to learn about stories from other places.*

*The following week we will be celebrating the love of family and friends for Valentine's Day. On the 13th and 14th we will be exchanging valentines. During the week we will be talking about things, like showing people you love them, and doing nice things, like helping one another create projects for loved ones.*

*We will be back to more classic fairy tales after valentines. We will be reading Red Riding Hood, Jack and the Bean Stalk and many more.*

*We will wrap up February with retro week. We are pretty thrilled to jazz up our room with bright colors and "new" older toys.*

*Ms. Sara, Ms. Christina & Ms. Tammy*

## Hummingbirds

Wow, where did January go? It finally snowed so we made snow people for the classroom. The children's cutting skills are improving everyday. We read the story "the Mitten Tree" which led us to make our own mitten tree. The children did a great job sewing. We are having fun learning about our bodies and the different systems. We will continue in February with "My Plate", we will discuss the food groups and what they do for our bodies. Hoping to have the children make healthy food choices. Look for more information in your family mailbox.

We will be celebrating Valentine's Day. We will also be talking about dental health and doing dental related activities.

Here's to a healthy February!

*Ms. Gabe, Ms. Michele & Ms. Jamie*

## Puffins

*January just flew by! We were celebrating the New Year then it was February! The Puffins enjoyed our unit on Penguins. It wasn't easy holding an egg on our feet for an extended period of time as penguins do. They also decided that they didn't want to visit the penguins because it was too cold. We seem to have many promising doctors as we explore the circulatory system and our healthy hearts.*

*February brings Chinese Lunar New Year and Valentine's Day celebrations. Please bring in those cereal boxes. Many projects and science experiments are planned for learning ways to keep our teeth healthy. We will also be having Valley Dental visiting Campus Pre-School.*

*Happy Birthday to Stella (18th) and Parker (19th). They will be turning 4 in February!*

*Ms. Claire, Ms. Toni & Ms. Vicky*

## Flamingos

As we slid into January, the Flamingos loved the gingerbread theme. The Flamingos enjoyed creating their own gingerbread houses, gingerbread boy or girl, gingerbread hunt, and reading many gingerbread stories.

The children enjoyed some beloved literature as we read Jan Brett's "The Mitten". The Flamingos loved acting out the story with props and creating their very own Mitten using a marble painting technique and putting the animal characters in story-sequence

We then learned about "Animals Everywhere." We discussed different animals—from birds, penguins to polar bears. We learned the names of the continents that each animal came from, what they looked and sounded like, and even the things they like to eat. We then discussed hibernation, migration and adaptation. Our last theme was "winter wonderland", where we discussed what we do in the snow, played snow games, made snowman craft projects, and brought the snow inside to play in our sensory table.

For February, our themes will be Chinese New Year, Valentine's Day, groundhogs, math (1:1 correspondence, counting book, measuring), and working more on our letters.

Note: Flamingos will be having a Valentine's Day party on Thursday, February 14th. Keep an eye out for more details about the party in the family mailboxes.

Happy birthday to:

Aldon (8th)

Sophia (27th)

Fiona (27th)

They all turn 5 this month!

*Ms. Miranda & Ms. Phyllis*

## Peacocks

The New Year is off to a great start and January just flew by! We started off with our Gingerbread theme and the students enjoyed making a large Gingerbread house complete with candy and frosting. Next, we explored the Artic and using our smart board were able to see real Polar Bears and Penguins. A big "Thank You" to Paula (Ana's mom) for visiting our class and teaching us about hibernation dens. It is always a pleasure having our families come and share with our class!

This month our themes will include, Chinese New Year and Community Helpers and the many different roles they play in our lives. We look forward to having special visitors come in and share their job experiences. It's also Dental Health Month and we will be discussing the importance of good oral hygiene. On Valentine's Day we are having our class party and will send out more information as we get closer to the date.

The students have come a long way since September and we are so proud of their academic and social/emotional growth. We appreciate all your support and "Thank You" for giving us this special opportunity to work with your children.

*Ms. Julie & Ms. Carolyn*

## **FLU-LIKE SYMPTOMS**

### **INCLUDE:**

- \* Fever
- \* Cough
- \* Sore Throat
- \* Runny or Stuffy Nose
- \* Body Aches
- \* Headache
- \* Chills
- \* Fatigue

### **TAKE PREVENTATIVE ACTION:**

- \* Wash hands often (water and soap)
- \* Cover mouth and nose when sneezing
- \* Avoid touching eyes, nose, and mouth
- \* Avoid close contact with people who are sick.
- \* Stay home for at least 24 hours after fever is gone (without fever reducing medicine)
- \* While sick, limit contact with others to keep from infecting them

Some may also have vomiting AND diarrhea. People may be infected with THE FLU, and have respiratory symptoms without a fever.

## **ON ICY, SNOWY DAYS**

**Please park away from curbs at pickup/drop off times, so that our BU grounds crew can keep our sidewalks safe and clear and to protect your car from getting bumped by the Brush Vehicles.**

## **FAMILY MAILBOXES**

**Please remember to check Family Mailboxes DAILY for important information from the office, the community, and your teachers!**

### **Staff Birthdays**

Ms. Sara B. (15th)

Ms. Samantha N. (27th)

## **Weather-Related and Emergency Closings**

Campus Pre-School may close, delay opening, or dismiss early for snow or other emergencies at the discretion of the Executive Director with guidance from State of Emergency declarations and BU cancellations and closings. If Campus Pre-School has a delay, early dismissal or closing, families are notified through the Campus Pre-School B-Alert! Text system and Campus Pre-School email. Updates are also shared through Campus Pre-School Facebook page, WBNG Closing & Delays, and the main Campus Pre-School voicemail.

### **Campus Pre-School B-Alert! is different than the BU B-Alert!**

*If you are not signed up for the Campus Pre-School B-Alert!, please sign up by texting "CHILDCARE" to 78015. Users may text the word "STOP Childcare" to 78015 at any time to end their registration. Message and data rates may apply.*

### **Policy for Returning after Illness**

**A child may return to the center when the child feels well enough to participate in usual daily activities, and when the following conditions exist:**

- Fever has been absent for 24 hours without fever-reducing medication (ex. Tylenol, Baby Aspirin)
- Nausea, vomiting or diarrhea has subsided for 24 hours. If in the preceding 24 hours a child has exhibited any of the above, was listless or had poor appetite he/she should not be brought to the center until symptom free for 24 hours.
- A full 24 hours have passed after the initial dose of an antibiotic for know strep or other bacterial infections.
- Chicken pox lesions are crusted (5-6 days after onset.)
- Conjunctivitis has diminished to the point that eyes are no longer discharging.
- Lice are under treatment with no nits present.
- Ringworm is under treatment.
- Pinworm treatment has occurred 24 hours before readmission.
- Lesions from Impetigo are no longer weeping and are covered.
- The child has completed the contagious stage of the illness.

## **REMINDER**

**JUST A REMINDER**  
CPS will be **CLOSED**  
from **1:00-5:30pm on**  
**Friday, March 29th** for  
staff training and  
development. Please  
make plans for alternate  
care for that afternoon.



# Brushing My Teeth is Fun

every



morning



every



night

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday