



# May 2019



Mon	Tue	Wed	Thu	Fri
		1 Toasty O'S Cereal, Mandarin Oranges  WG Brown Rice, Chicken Nuggets, Carrots, Honey Dew	2 Oatmeal, Pineapple  WG Elbow Pasta, Beef Meatballs, Spaghetti Sauce, Green Beans, Pears	3 WG Chex Cereal, Peaches  MYO Tuna Roll Up. WG Tortilla, Tuna Salad, Cucumber, Tossed Salad, Apples <b>1pm dismissal for Staff Dev.</b>
6 WG Banana Muffins, Pears  Cheese Quesadilla, Sour Cream, Kidney Beans, Veggie Tray, Corn, Grapes	7 WG Bagel with Cream Cheese, Fruit Cocktail  Waffles, Scrambled Eggs, Sliced Potatoes, Banana	8 Pancakes, Applesauce  WG Bun, BBQ Ground Beef, Baked Beans, Watermelon	9 Egg Patty, WG Toast, Apples  WG Brown Rice, Sliced Chicken, Mashed Cauliflower, Fresh Fruit Salad	10 Corn Flakes, Bananas  WG Tortilla, Fish Sticks, Tartar Sauce, Corn, Oranges
13 Oatmeal, Pineapple  Spanish Rice, Marinated Chicken Chunks, Green Beans, Cantaloupe	14 French Toast, Peaches  WG Bun, Beef Burger, Sliced Cheese, Carrots, Apples	15 Crispy Rice Cereal, Banana  WG Bagel, Egg Patty, Diced Potatoes, Oranges	16 Peach Bread, Grapes  WG Spaghetti, Spaghetti Sauce, Beef Meatloaf, Broccoli, Pears	17 Scrambled Eggs, Apples  WG Grilled Cheese, Baked Sweet Potato Fries, Strawberries
20 WG Kix Cereal, Pears  Veggie Pancakes, Turkey Sausage Links, Carrots, Applesauce	21 Banana Bread, Oranges  WG Tortilla, Ground Beef, Shredded Cheese, Tossed Salad, Veggie Tray, Fruit Cocktail	22 Turkey Sausage, WG Toast, Bananas  WG Rotini Pasta, Shredded Chicken, Alfredo Sauce, California Blend Veggies, Apples	23 WG Life Cereal, Mandarin Oranges  WG Rice and Black Beans, Cheese Quesadilla, Veggie Tray, Kiwi	24 Biscuit with Jelly, Pineapple  Cheese Pizza, Green Beans, Oranges
<b>27</b> <b>CPS CLOSED</b> <b>For Memorial Day</b>	28 Toasty O's Cereal, Peaches  WG Mac n Cheese, Chicken Nuggets, Peas, Mandarin Oranges	29 Oatmeal, Pineapple  WG Bun, Shredded BBQ Chicken, Carrots, Watermelon	30 Applesauce Muffins, Pears  WG Brown Rice, Baked Turkey, Green Beans, Applesauce	31 Hard Boiled Eggs, WG Toast, Banana  WG Spaghetti, Ground Beef in Spaghetti Sauce, Cauliflower, Apples

***See CACFP Healthy Child Meal Pattern for serving sizes***

We follow Age 1-2 meal patterns for Sparrows, Chickadees and Swans and Ages 3-5 meal patterns for all other classrooms. Milk is served at Breakfast & Lunch. 1% milk is served to children 2 yrs and older. A variety of cold cereal is served, all with under 6 grams of sugar. Lunch is served with a whole grain bread when a grain is not on the menu. Raw veggies or a fresh fruit platter are served with every lunch as an extra offering. Allowable Substitutions will be made if menu items are not available.

Special Notations:

WW = Whole Wheat

WG = Whole Grain

**Campus Pre-School makes every effort to accommodate food allergies and sensitivities. We serve CACFP recommended substitutions. If you wish to discuss your child's dietary needs, please stop in at the main office. A doctor's note may be required for accommodations. Families can bring food from home for their child after a discussion has taken place with the office and any needed documentation is provided.**

***Vegetable platters are served with every lunch. They may include items such as raw tomatoes, cucumbers, celery, peppers, snap peas, green beans and carrots etc. as appropriate for the age of the children in the classroom. When Veggie Trays are on the menu, the quantities of raw vegetables are increased to meet creditable vegetable standards.***