

CURRICULUM VITAE

Nina M Flanagan, PhD, GNP-BC, PMHCS-BC

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Education

Doctor of Philosophy, Nursing, Decker School of Nursing
State University of New York at Binghamton, Binghamton, New York, 2012

Post-Masters Certificate

Clinical Nurse Specialist: Adult/Gero Psychiatric Nursing
School of Nursing, University of Pennsylvania, Philadelphia, Pennsylvania, 1997

Master of Science in Nursing,

Advanced Professional Nursing: Geriatric Nursing
Decker School of Nursing, State University of New York at Binghamton, Binghamton, NY 1992

Bachelor of Science in Nursing, School of Nursing,
Cedar Crest College, Allentown, Pennsylvania, 1988

Diploma in Nursing, School of Nursing
St. Luke's Hospital, Bethlehem, Pennsylvania, 1983

Licensure

Pennsylvania State Board of Nursing, Pennsylvania Department of State
RN: 263958L (expires: 04/30/19)
APN Prescriptive Authority: UP002052H (expires: 04/30/21)

New York Board of Nursing, New York State Education Department
RN: 427394-1 (expires: 03/31/20)
APN Prescriptive Authority: F340973-1 (expires: 03/31/20)

Certifications

Nurse Practitioner, Geriatric
American Nurses Credentialing Center, *Certification # 197702 (expires 11/2023)*

Clinical Nurse Specialist, Adult Psychiatric Mental Health
American Nurses Credentialing Center, *Certification # 0338240 (expires: 08/2019)*

Teaching Certifications

Certificate in Online Teaching, Center for Teaching and Learning, Binghamton University, 2015

Honors and Awards

Geraldine Dowling Award for Gerontological Nursing, Decker School of Nursing, Binghamton University, Binghamton, May 2017

Junior Faculty Delirium Boot Camp (Invited), Harvard University Longwood Medical Complex, Boston, Massachusetts, November 1-3, 2017

Cedar-Tree Delirium Boot Camp (Competitive Process), Harvard/Beth Israel Deaconess, Boston, Massachusetts, 2015

U3 Delirium Conference of Delirium Experts (Competitive Process), American Geriatric Society, Bethesda, Maryland, 2014

Expert Panel Member (Invited), American Geriatric Society Beers Criteria: Medications to Avoid in the Older Adult, New York, New York, 2011 - present

Best Practice Award for Detecting Delirium in Acute Care, American Psychiatric Nurses Association, Falls Church, Virginia, 2001

Julia S. Ritter Award for Outstanding Abilities in Utilizing the Natural Sciences in Nursing Process, St. Luke's Hospital School of Nursing, Fountain Hill, Pennsylvania, 1983

Professional Contributions

American Geriatrics Society – Member

- *Expert panel member for Beers Criteria*
- *Committee member Education and Clinical Care Models 2019-*
 - *Annual Conference: Abstracts Reviewer*

American Psychiatric Nurses Association – Member

- *Founding member of the Northeast Chapter – 1998*
- *Treasurer for Pennsylvania State Chapter – 2010 – 2016*
 - *Annual Conference: Abstracts Reviewer 2015-*

American Medical Directors Association - Advisory Board Member Member- Education Committee 2019-

Northeast Chapter of the Pennsylvania Coalition of Nurse Practitioners – Member

- *President of Chapter 1998 – 2002*
- *Legislative Chair 1996 – 2001*

Gerontology and Geriatric Medicine - *Manuscript Reviewer*

Journal of Public Health and Environmental Science- Manuscript Reviewer

Aging and Mental Health - *Manuscript Reviewer*

Caring for the Ages-Journal of the American Medical Association Publication:

- *Advisory Board Member and Quarterly Column Contributor*

Saxon Psychiatric Associates – Provided *Geriatric Psychiatry Consultation*, 2014

Laurels Nursing Center, Olyphant, Pennsylvania - *Geriatric Psychiatry Consultation*, 2002-2005

Academic Experience

State University of New York at Binghamton, Decker School of Nursing

August 2014 – present

Professor of Clinical Practice

Coordinator Adult/Gerontology Graduate Nursing Program

Responsible for:

- Teaching graduate level courses in Advanced Health Assessment; Functional Role II of Nurse Practitioners; Functional Role III of Nurse Practitioners; Mental Health and Aging in the 21st Century; and Nursing in Family Practice III.
- Maintaining active scholarly activities including publishing, presenting and engaging in research.
- Participating on Master's and Doctoral committees in the MS Adult – Gerontology and Family Nurse Practitioner Programs; providing advisement to assigned students; and providing service to the university through committee participation as follows:
 - 2017- Strategic Planning Committee
 - 2016-2017 MS Curriculum Committee Co-chair
 - 2016- Senior Faculty Search Committee
 - 2016- Geriatric Clinic Committee

Seton Hall University, Adult Gerontology Nurse Practitioner Program

January 2011- August 2014

Clinical Preceptor

Responsible for:

- Clinical teaching for advanced adult gerontology nurse practitioner program

University of Scranton, Family Nurse Practitioner Program

August 2012 – August 2013

Clinical Preceptor

Responsible for: Providing clinical education to FNP students in long term care

The Pennsylvania State University Worthington Campus, Adult Gerontology Nurse Practitioner Program

August 2012 – August 2013

Clinical Preceptor

- Responsible for: Clinical teaching for advanced adult gerontology nurse practitioner program

State University of New York at Binghamton, Decker School of Nursing Graduate Program

August 2008 – December 2011

Clinical Preceptor

Responsible for:

- Clinical teaching for advanced gerontology nurse practitioner program

Clinical Experience and Appointments

Northeastern Rehabilitation Associates, Scranton, Pennsylvania

August 2017 – present

Nurse Practitioner

Responsible for:

- Providing advanced nursing care and consultation in post-acute to adults requiring rehabilitation services

Geisinger Community Medical Center Northeast Region, Scranton, Pennsylvania

January 2009 – January 2017

Geriatric Nurse Practitioner

Responsible for:

- Advanced practice nursing to residents in post-acute and long term care .

Northeastern Rehabilitation Associates, Scranton, Pennsylvania

January 1995 – December 2012

Geriatric Nurse Practitioner

Responsible for:

- Providing advanced nursing care and consultation in hospital, acute, post-acute to adults requiring rehabilitation services

Moses Taylor Hospital System, Scranton, Pennsylvania

January 1999 – December 2001

Geriatric Nurse Specialist

Responsible for:

- Coordination of the Nurses Improving Care for Healthy System Elders (NICHE) Program while providing direct patient care to geriatric patients.
- Coordinator of Acute Care for the Elderly unit
- Established Hospital Elder Life program

Veterans Administration Hospital, Wilkes-Barre, Pennsylvania

January 1992 – December 1995

Geriatric Nurse Practitioner

Responsible for:

- Providing advanced nursing care to older veterans in long term care

Visiting Nurse Association (VNA) of Lackawanna County, Scranton, Pennsylvania

January 1989 – January 1992

Home Health Nurse

Responsible for:

- Providing persons with acute, chronic or serious physical illnesses or psychosocial needs, skilled nursing care in their home setting.

Cedar Crest College, Campus Health Services, Allentown, Pennsylvania

January 1987 – December 1988

Nurse

Responsible for:

- Administering immunizations, providing primary care and triaging those needing specialized services

Lehigh Valley Hospital Center, Allentown, Pennsylvania

January 1985- December 1988

Progressive Care Unit Staff Nurse

Responsible for:

- Providing direct patient care to those on the unit

Wilkes-Barre General Hospital, Wilkes-Barre, Pennsylvania

June 1983 – December 1985

Coronary Care Unit Staff Nurse

Responsible for:

- Providing direct care for Coronary Care patients

Research Grants

Project Director

Evidence Integration Triangle for Management of Behavioral and Psychological Symptoms of Dementia

University of Maryland School of Nursing/ Pennsylvania State University College of Nursing
2016-2017

\$2,500,000 NINR Research Grant

Principal Investigator

Predicting Hospital Readmission Risk Factors Post Discharge from Skilled Nursing
Transdisciplinary Areas for Excellence Research Grant

Binghamton University

2015-2016

\$10,000

Scholarly Activities

Scholarly Presentations

American Delirium Society

San Francisco, Ca

June 9, 2018

Poster Presentation

Presentation Topic: Preventing Delirium Takes a Village: A descriptive integrative review of delirium preventative models of care

Khan A., Boukrina, O, **Flanagan, N.**, Oldham, M.

Columbia University Geriatric Mental Health Teaching Day, Binghamton Clinical Campus, Binghamton, New York June 3, 2017

Presentation Topic: *Delirium Recognition and Management*

Purpose: The purpose of this presentation was to discuss delirium recognition and management in older adults across care settings.

Binghamton University Employee Assistance Wellness Program, Binghamton, New York March 29, 2017

Presentation Topic: *Anxiety and Depression: What you need to know*

Purpose: The purpose of this presentation is to focus on the common experiences that people feel, and will discuss anxiety and depression signs and symptoms, coping mechanisms and current treatment options.

Binghamton University Employee Assistance Wellness Program, Binghamton, New York October 26, 2016

Presentation Topic: *Menopause and Memory*

Purpose: Provide and understanding of relationship between cognition and hormonal changes as we age.

Gesinger Health System, Annual Regional Geriatric Conference, Danville, Pennsylvania October 20, 2016

Presentation Topic: *Delirium Recognition and Management*

Purpose: The purpose of this presentation was to discuss delirium recognition and management in older adults across care settings

20th Annual Geisinger Northeast Regional Trauma Conference, Scranton, Pennsylvania September 17, 2016

Presentation Topic: *Delirium in Trauma Patients*

Purpose: The purpose of this presentation was to discuss delirium recognition and management in older adults requiring trauma care in acute care.

Geisinger Nursing Grand Rounds, Geisinger Community Medical Center, Scranton, Pennsylvania

October 6, 2015

Presentation Topic: *Delirium Detection and Management*

Purpose: The purpose of this presentation was to discuss delirium recognition and management in older adults across care settings

Geisinger Inter-Professional Nursing Rounds, Geisinger Medical Center, Danville, Pennsylvania

August 19, 2015

Presentation Topic: *Delirium Detection and Management*

Purpose: The purpose of this presentation was to discuss delirium recognition and management in older adults across care settings

The Center for Intergenerational Studies, Binghamton University, Binghamton, New York

April 15, 2015

Poster Presentation Topic: *The Role of Family Assessment and Delirium (refereed)*

Purpose: Discussion of results of pilot study which examined the correlation of the Confusion Assessment Method (CAM) and Family Assessment Method-Confusion Assessment Method (FAM-CAM) in older adults in post-acute care setting.

Geisinger Health System Nurse Practitioner Continuing Education Seminar, Scranton, Pennsylvania

April 23., 2015

Presentation Topic: *Peg Tubes in Advanced Illness*

Purpose: Discussion of Medical and Ethical Issues in Decision Making for Nutrition in Older Adults with Acute/Advanced illness

Pennsylvania Association for Restraint Reduction, Scranton, Pennsylvania

November 21, 2012

Presentation Topic: *Decreasing use of anti-psychotics in long-term care*

Purpose: Nursing Assessment and management of behavioral disturbances in dementia

Agging Conference, Stavanger, Norway

June 10, 2010

Presentation Topic: *Delirium in Long-term Care: Review of the Literature Delirium Assessment in Long-term care*

Purpose: Review of literature in Delirium Assessment

Eastern Nursing Research Society, Providence, Rhode Island

March 11, 2010

Poster Presentation Topic: *Family Assessment and Delirium (refereed)*

Purpose: Discussion of results of pilot study which examined the correlation of the Confusion Assessment Method (CAM) and Family Assessment Method-Confusion Assessment Method (FAM-CAM) in older adults in acute care setting.

Agging Conference, University of North Carolina at Greensboro, Greensboro, North Carolina

July 17, 2009

Presentation Topic: *Delirium Detection* (invited)

Purpose: Nursing screening fir delirium in acute care

Binghamton University Conference on Palliative Care, Binghamton, New York

May 24, 2007

Poster Presentation Topic: *The Nurse Practitioner in Hospice Care (refereed)*
Purpose: Poster describing the role of the nurse practitioner in hospice care

Moses Taylor Hospital Health System, Scranton, Pennsylvania
April 2005

Presentation Topic: *Maintaining Health throughout the Lifespan*
Purpose: Discuss of nutrition and exercise in aging

Northeastern Pennsylvania Nurse Practitioners, Marywood University, Scranton,
Pennsylvania
May 7, 2004

Presentation Topic: *Primary Care Update: Headaches and Dizziness*
Purpose: Diagnosis and Management of Headaches in primary care

American Psychiatric Nurses Associates Annual Meeting, Reno, Nevada
October 5, 2001 (APNA Award Winner)

Poster Presentation Topic: *Assessment of Hospitalized Elderly: Detecting Delirium (refereed)*
Purpose: Novel program using APRN in screening and management of delirium in acute care

Northeastern Conference of American Psychiatric Nurse, Wilkes University, Wilkes-Barre,
Pennsylvania
March 8, 2001

Presentation Topic: *Delirium versus Dementia*
Purpose: Discussion of differences between delirium and dementia in older adults

American Psychiatric Nurses Association Annual Meeting, Crystal City, Virginia
October 2000

Poster Presentation Topic: *Detecting Depression in the Elderly in Primary Care (refereed)*
Purpose: Presentation of results of pilot study to detect depression in older adults in primary care

Aging with Dignity through the Healing Arts, Moses Taylor Hospital, Scranton, Pennsylvania
April 2000

Presentation Topic: *Physiological Changes of Aging (Keynote Speaker)*
Purpose: Discussion of physiologic changes as we age and their effect on function

Association of Rehabilitation Nurses, Scranton, Pennsylvania
September 1999

Presentation Topic: *Chronic Pain in the Elderly*
Purpose: Nursing Assessment of chronic pain in the older adult

Sigma Theta Tau, University of Scranton, Scranton, Pennsylvania
May 1999

Presentation Topic: *Legislative Issues in Nursing (Keynote Speaker)*
Purpose: Update on legislation specific to nursing in Pennsylvania

Pharmacology Update for Nurse Practitioners, University of Scranton, Scranton,
Pennsylvania
January 1997

Presentation Topic: *Management of Anxiety and Depression*

Purpose: Screening and management of anxiety and depression in primary care

Peer Reviewed Publications (*data based)

Khan, A, Boukrina, O., **Flanagan, N.**, Oldham, M. Preventing Delirium Takes a Village: Systematic Review and Meta-Analysis of Delirium Preventative Models of Care (accepted for publication *Journal of Hospital Medicine*, 04/19).*

American Geriatrics Society Updated BEERS Criteria for Potentially Inappropriate Medication Use in Older Adults, **Update Expert Panel** (2019), *Journal of American Geriatrics Society*, DOI: 10.1111/jgs.15767 * +All panel members contributed to manuscript.

Flanagan, N, Rizzo, V., James, G., Spegman, A, & Barnawi (2018) Predicting Risk Factors for 30-Day Readmissions Following Discharge from Post -Acute Care. *Journal of Professional Case Management*, 23(3),139=146*

Flanagan, N, (2018). Persistent Pain in Older Adults: Roy's Adaptation Model. *Nursing Science Quarterly*, 31(1), 25-28.

Resnick, B, Galik, E, Kalinowski, A., Van Hatisma, K., Boltz, M. Ellis,J., Behrens, K, **Flanagan, N.**(2017) Reliability and Validity of the Care Plan Checklist for Evidence Based Approaches for BPSD.* Accepted for publication in *Journal of American Medication Directors Association*.

Resnick, B, Galik, E, Kalinowski, A., Van Hatisma, K., Boltz, M. Ellis,J., Behrens, K, **Flanagan, N.**Eshragi, K., Zhu,S (2017) Testing the Evidence Integration Triangle Implementation of Interventions to Manage Behavioral and Psychological Symptoms Associated with Dementia: Protocol for a Pragmatic Trial * submitted for publication to *Research in Nursing and Health*.

Resnick, B, Galik, E, Kalinowski, A., Van Hatisma, K., Boltz, M. Ellis,J., Behrens, K, **Flanagan, N.**(2017) Reliability and Validity Testing of the Quality of Life in Late-stage Dementia. * submitted for publication to *American Journal of Alzheimer's Disease and Other Dementias*.

Oldham, M, **Flanagan,N**, Khan, A., Boukrina, O.(2017). Responding to Ten Common Delirium Misconceptions with Best Evidence: An Educational Review for Clinicians. *Journal of Neurology and Clinical Neurosciences*.doi: 10.117.1176/appi.neuropsych

Flanagan, N & Beizer, J (2016). Medication Reconciliation and Education for Older Adults: Using the 2015 AGS Beers Criteria as a Guide. *Home Healthcare Now*, 34(10), 542-549.

Flanagan, N, (2016). Flaming Mame, *Journal of Gerontological Nursing*, 42(2), 5556-5557.

Flanagan, N & Spencer, G. (2015). Informal Caregivers and Detection of Delirium in Post -Acute Care: A correlational study of the Confusion Assessment

Method (CAM), Confusion Assessment Method-Family Assessment Method (CAM-FAM) and DSM IV Criteria. *International Journal of Older People Nursing* doi: 19.1111/opn.12106*

American Geriatrics Society Updated BEERS Criteria for Potentially Inappropriate Medication Use in Older Adults, **Update Expert Panel** (2015), *Journal of American Geriatrics Society*, DOI: 10.1111/jgs.13702 * +All panel members contributed to manuscript

Flanagan, N & Spencer, G. (2015). Delirium in Post-Acute Care: Implications for the Rehabilitation team. *Topics in Geriatric Rehabilitation*.31 (2), 129-134.

Flanagan, N. (2014) Baclofen induced delirium in an older adult: an unusual case of delirium. *Geriatric Nursing*, 35(5), 403-404.

Flanagan, N, Cortese-Rubino, M. & Fick, D (2014) Leadership in Skilled Nursing: Journal to Clinical Excellence *Journal of Gerontological Nursing*, 40(11), 3-5

American Geriatrics Society Updated BEERS Criteria for Potentially Inappropriate Medication Use in Older Adults, **Update Expert Panel** (2012), *Journal of American Geriatrics Society*, DOI: 10.1111/j.1532-5415.2012.03923 * +All panel members contributed to manuscript

Steis, M., Evans, L., Hirschman, K., Hanlon, A., Fick, D., **Flanagan, N.**, & Inouye, S. (2012) Screening for Delirium Using Family Caregivers: Validity of the Family Confusion Assessment Method and Interviewer-Rated Confusion Assessment Method, *Journal of the American Geriatrics Society*, 60 (11), 2121-2126. *

Flanagan, N (2011) Driving and Dementia: What nurses need to know. *Journal of Gerontological Nursing*, 37(8), 10-13.

Flanagan, N & Fick, D.M. (2010). Delirium and Dementia: Nursing interventions and Assessment, *Journal of Gerontological Nursing*, 36, (11) 19-23.

Book Chapters

Flanagan, N. Chapter 22, 23 Psychopharmacology and Psycho-Behavioral Pathophysiology Adult-Gerontology Clinical Nurse Specialist Review Book, Springer (in press)

Publications Non- Peer Reviewed

1996 Delirium in the Elderly in the Acute Care Setting, *Tennessee Nurse*, 19-20

1999 Prescriptive Authority for Nurse Practitioners, Scranton Times.

1999 Delirium in the Elderly, National Conference of Geriatric Nurse Practitioner Newsletter

2002 Health and Wellness for Older Adults, Good Times for Seniors Newsletter

Columns

2017-

Nurses Notes, Quarterly Column for Caring for the Ages, Publication of the American Medical Directors Association

Research Advisement

Member, Dissertation Committee, Use of Beers Criteria in Rural Older Adults 2016

Member, Dissertation Committee, Incontinence in Long Term Care, 2017

Community Service and Education

Employment Opportunity Training Center Scranton, Pennsylvania - *Board Member*
2013-2016

Century Club Professional Women's Club, Scranton, Pennsylvania –
Presentation: 2014 Aging Well in a Nutshell,

Serving Seniors, Scranton, Pennsylvania – *Board Member*, 1998-2005

Prime Time Health (Lackawanna County Senior Centers) - *Advisory Council*, 2002-2007

American Heart Association - *Member of the \$500 Club Fundraiser*, 2000

Susan G. Komen Foundation Race for the Cure - *Co-Chairperson*, 2001

