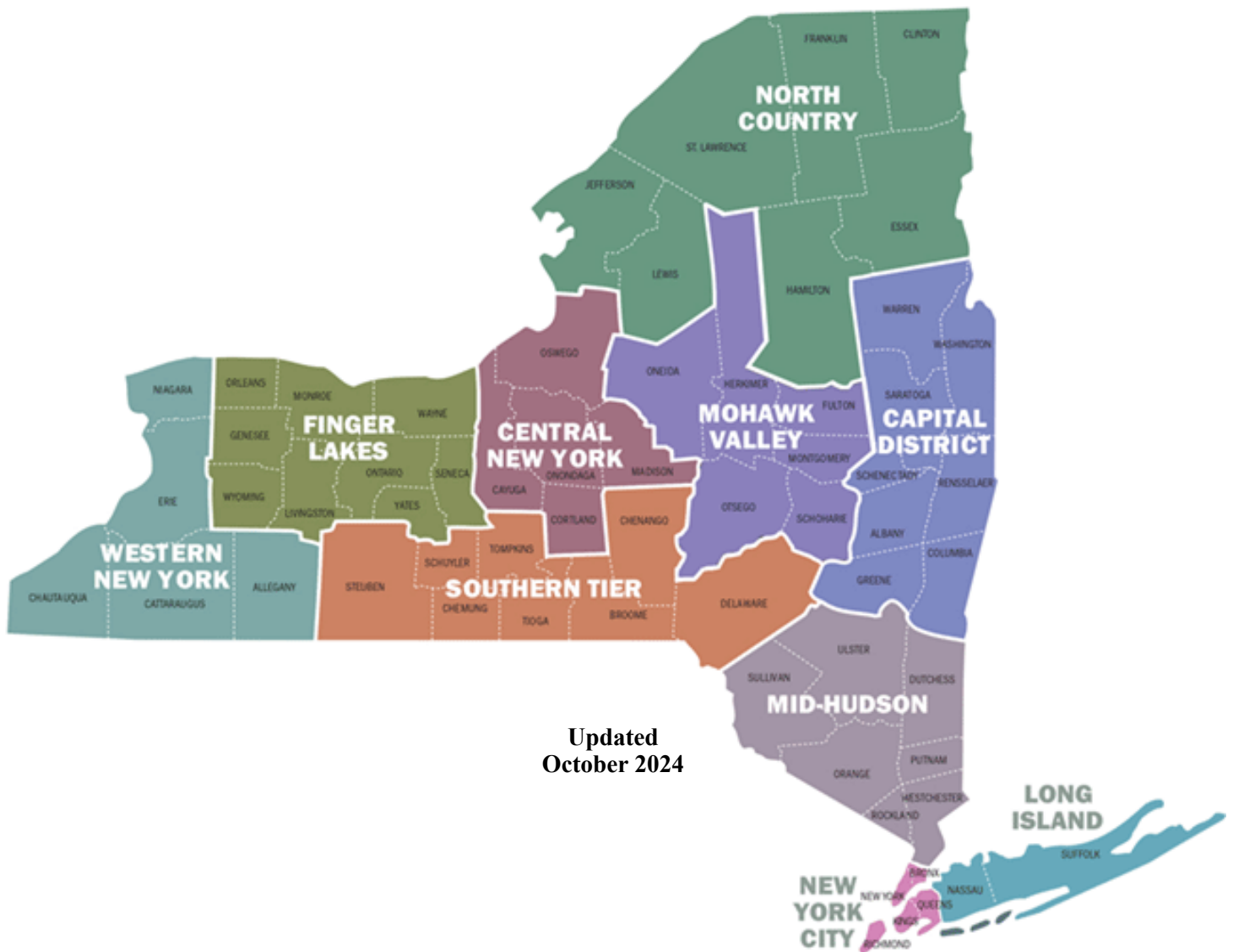




**INSTITUTE FOR
CHILD DEVELOPMENT**

Community Resources Guide



Updated
October 2024

Image: Southern Tier Clean Energy Communities Map



Dear Families,

We are providing this list of resources in the Southern Tier and surrounding areas to assist you in beginning to identify services your family may need now or in the future. Because resources and services frequently change, it is not an exhaustive list, but serves as an example of some of the types of services and resources available at the time this list was updated. If you click on a link or identify a resource that is no longer accessible or has changed, please feel free to email us at icd@binghamton.edu so we can make updates.

Importantly, this list does not serve as an endorsement of service providers nor does it indicate a lack of endorsement of providers not on this list. In other words, we are not able to vouch for the quality of care you might receive or your satisfaction with any of the available resources from programs that we do not supervise ourselves. The information contained in this guide is simply a compilation of possible useful resources to cut down on family effort in searching for help when they need it most. We hope this guide will make it easier for each parent and family to make independent decisions about what best meets their family's needs and to reduce stressors in finding resources in South Central NY and neighboring areas.

To support our families, we have organized the guide by categories so that it is easier to search by a topic that might relate to your current need rather than a list of general resources. This means that you may see agencies listed under multiple categories in this guide if they offer services across those categories. While this makes the guide lengthier, we aim to focus on family use of the guide rather than efficiency in creating/updating the resources.

In order to help you with navigating this resource guide, we have created a glossary in the following pages that describes the types of services you will find in each of the categories. Selecting specific services or providers should be done with care based on your own family needs and values, and we recommend contacting multiple providers to best evaluate your options. The first contact in seeking resources should always be your child's school district or county health department, as there are many options available through their programs before families need to set out on their own to get support. If you have any questions about any of the information contained in this guide, you are welcome to call us at 607-777-2829 or email us at icd@binghamton.edu for additional information and support. We also strongly encourage families to share helpful resources they encounter that might not be in this guide so we can consider inclusion in future updates.

Thank you for the opportunity to support you!

Your Team at ICD



Glossary

In alphabetical order; titles are hyperlinks so if you click on the bold/underlined title it will take you to that section

Advocacy & Rights

Organizations that assist individuals and families in understanding their rights, such as education and housing, and accessing information and resources that helps meet family needs. There are also resources included for self-advocacy related to employment (e.g., employment preparation and support).

Case Management & Planning Services

Organizations and resources that can assist with navigating the Medicaid application process, provide support in understanding and accessing resources available through Medicaid, and managing/coordinating healthcare and other services/needs. These services include care coordination organizations (CCOs) that can support families in accessing a variety of programs and funding that are difficult to navigate and access on one's own.

Daycare Support

Resources for local daycare providers; Hours and costs vary, and many providers have waitlists. It may be helpful to contact multiple providers and be added to numerous waitlists for the greatest chance of securing a daycare opening. Families are strongly encouraged to research licensed daycare providers using the online tools from the Office of Children and Family Services (<https://ocfs.ny.gov/programs/childcare/looking/>).

Food and Resource Programs

This section includes local food pantries, community resource programs (e.g., organizations that provide clothing, housing, infant supplies, technology loans, etc., as well as waivers or grants for medical bills and certain other expenses), and transportation resources.

Home & Community Caregiver Support

Organizations that may have options for short-term (i.e., 1-8 hours), longer-term (i.e., 8-24 hours), and ongoing (e.g., weekly check-ins) respite care or caregiver support that can be provided in-home or in the community. Respite care involves care that is provided to an individual with an illness or disability either in their home, at a center, or out in the community for an agreed-upon duration. The purpose of this type of care is to provide short-term relief for primary caregivers and allow those caregivers to take care of other needs or responsibilities that are often postponed due to prioritizing the care of their dependent with an illness or disability.

Psychological Services

This includes services related to emotional and behavioral health, from evaluation of developmental needs and specific clinical conditions to individual, family, and group therapy as well as support groups and resources.

Social Opportunities and Camps

Resources for local after-school programs and summer camps, as well as organizations that host social events and recreational opportunities.



Glossary

Continued in alphabetical order

Specialty Medical Services

Information for providers with specialized training and expertise in the medical field. All providers listed serve youth, but some serve adults as well. Waitlists are often lengthy, so families are encouraged to consider waitlisting with multiple providers unless otherwise advised by their pediatrician. Specialty areas include developmental behavioral pediatrics, neurology, feeding and nutrition, sleep, psychiatry, dental, gastroenterology, allergy, ENT (ear, nose, and throat or otolaryngology), audiology, ophthalmology, and allied health/rehabilitation services (physical therapy, occupational therapy, and speech therapy). Families should consult with their child's primary healthcare provider to determine which services might meet their needs and obtain referral support from that provider.

Substance Use/Addiction Supports

Information for local centers and a national resource that can offer a range of services and supports for substance use and addiction, including inpatient and outpatient treatment programs, harm reduction, health home care management, crisis support, and information/resources.

Trauma and Crisis Supports

Contact information for organizations that provide resources and support following a traumatic experience, as well as some that offer crisis support (i.e., via a 24-hour crisis phone or chat line).

Age Groups Served

For the purposes of this guide, we use the following groupings to help families know whether a resource option is appropriate for their child's age. The grade/age categories are approximate matches. We recognize that children may have ungraded IEPs or be progressing at different rates in terms of educational status.

Early Childhood (birth-age 5)

Elementary School (grades K-4; ages 5-10)

Middle School (grades 5-8; ages 10-14)

High School (grades 9-12; ages 14-18)

Adulthood (ages 18-21*)

Caregiver/Family (18+)

**Some services may be available beyond 21 but since this resource guide is designed for supporting families up through the latest age of legal educational enrollment we are only confirming services through 21 years of age when listed as adult services. Families should inquire on their own if services are available beyond that age when contacting agencies.*



Advocacy & Rights

Resources in alphabetical order

Educational Rights Advocacy			
Organization	Contact Information	Ages Served	Additional Info
ADA Services at Southern Tier Independence Center (STIC)	135 E. Frederick Street Binghamton NY 13904 Phone: 607-724-2111 https://stic-cil.org/index.php/ada-services/ Broome, Tioga, and Chenango Counties	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Broome County Children with Special Needs	225 Front St Binghamton, NY 13905 Phone: 607-778-2851 https://www.gobroomecounty.com/hd/youth-and-family-services#	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Able to help provide resources and direction for different needs. If you reside in other counties, call your county health department.
Education Advocate at STIC	135 E. Frederick Street Binghamton NY 13904 Phone: 607-724-2111 ext. 385 https://stic-cil.org/index.php/education-advocate/ Broome, Tioga, and Chenango Counties	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Helps students and their families to understand special education services
Family Resource Network, Inc	46 Oneida St Oneonta, NY 13820 Phone: 607-432-0001 https://familyrn.org/programs/services-for-opwdd-eligibility/education-advocacy/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Must be OPWDD eligible
Legal Services of Central NY, Inc.	105 Court St, 2nd Floor, Binghamton, NY 13901 Phone: 607-231-5988 https://www.lscny.org/legal-services/education-advocacy/ Broome, Cayuga, Chenango, Cortland, Delaware, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Otsego, and Oswego Counties	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	In-person, phone, and team meetings. Check website for other locations. Legal Helpline: 877-777-6152 or online intake form on their website
NY Family-to-Family Health Information Center at Parent to Parent NYS	500 Balltown Road Schenectady, NY 12304 Phone: 518-381-4350 https://www.ptopnys.org/programs-services/family-to-family-health-information-center/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Other locations can be viewed here: https://www.ptopnys.org/about-us/regional-office/



Educational Rights Advocacy (continued)			
Organization	Contact Information	Ages Served	Additional Info
StarBridge	1650 South Avenue Suite 200 Rochester, NY 14620 Phone: 585-546-1700 https://starbridgeinc.org/services/education/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
The South Early Childhood Family and Community Engagement Centers (FACE) - at STIC	135 E. Frederick St Binghamton, NY 13904 Phone: 607-724-2111 ext. 393 (Early Childhood); ext. 336 (School Age) Video Phone: 607-238-2694 https://stic-cil.org/index.php/face-2/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
The Special Education Information Center at Parent to Parent NY	620 Westfall Road Rochester, NY 14620 Phone: 518-381-4350 https://www.ptopnys.org/programs-services/special-education/ Albany, Clinton, Columbia, Essex, Franklin, Fulton, Greene, Hamilton, Herkimer, Jefferson, Lewis, Montgomery, Oneida, Oswego, Rensselaer, Saratoga, Schenectady, Schoharie, St. Lawrence, Warren, Washington and Akwasasne Reservation.	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	

Housing Rights Advocacy			
Organization	Contact Information	Ages Served	Additional Info
Advocacy at Catholic Charities of Broome County	232 Main Street Binghamton, NY 13905 Phone: 607-773-3204 or 607-773-1184 https://www.catholiccharitiesbc.org/programs/mental_health/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	For individuals with a mental health diagnosis
Family Enrichment Network	24 Cherry Street Johnson City, NY 13790 Phone: 607-723-8313 or 1-800-281-8741 https://familyenrichment.org/housing-pg.html	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Housing for low-income families under section 8; one home for individuals with intellectual/developmental disabilities



Housing Rights Advocacy (continued)			
Organization	Contact Information	Ages Served	Additional Info
HCA- Helping Celebrate Abilities	1329 Campville Road Endicott, NY 13760 Phone: 607-205-1077 https://www.hcaserves.com	Elementary School Age Middle School Age High School Age Adulthood	Residential and community support services for OPWDD-eligible individuals
Help, Empower, Advocate, Reassure and Support	Phone: 888-554-3277 https://ocfs.ny.gov/programs/cwcs/hears.php	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Can connect families to services including food, clothing, and housing
Legal Services of Central NY, Inc.	105 Court St, 2nd Floor, Binghamton, NY 13901 Phone: 607-231-5988 https://www.lscny.org/legal-services/ (eviction and housing conditions) Broome, Cayuga, Chenango, Cortland, Delaware, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Otsego, and Oswego Counties	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	In-person, phone, and team meetings Other locations can be viewed here: https://www.lscny.org/contact/ Legal Helpline: 877-777-6152 or online intake form on their website
Residential Services through Catholic Charities of Broome County	232 Main Street Binghamton, NY 13905 Phone: 607-773-3204 or 607-773-1184 https://www.catholiccharitiesbc.org/programs/residential_services/	Adulthood	Diagnosis of a developmental disability prior to age twenty-two, able to evacuate a residence
Supportive Housing Programs at the YWCA	Phone: 607-772-0340 ext 247 https://ywcabinghamton.org/programs/supportive-housing/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	See website for available programs



Self-Advocacy - Employment			
Organization	Contact Information	Ages Served	Additional Info
ACCESS-VR	Southern Tier Phone: 607-721-8400 General Phone: 800-222-JOBS http://www.acces.nysed.gov/vr/	High School Age Adulthood	
Assisted Competitive Employment (ACE) at Catholic Charities of Broome	290 Front Street Binghamton, NY 13905 Phone: 607-723-1804 https://www.catholiccharitiesbc.org/programs/mental_health/ace.html	Adulthood	Must be a resident of Broome County with a mental health diagnosis who is not currently receiving ACCESS-VR
Community Options, Inc.	182-184 State Street Binghamton, NY 13901 607-722-9065 https://www.comop.org/services/employment/	High School Age Adulthood	Other locations can be viewed here: https://www.comop.org/about-us/our-offices/new-york/#Binghamton
Down Syndrome Information Network of Twin Tiers NY	300 Scenic View Horseheads, NY 14845 Phone: 607-654-0146 https://www.dsintt.org/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Mailing Address: PO Box 408, Corning, NY 14830 You have to be a member of DSIN to apply for grants
HCA- Helping Celebrate Abilities	18 Broad Street Johnson City, NY 13790 Phone: 607-798-7117 https://www.hcaserves.com/our-services/community-support-services/	High School Age Adulthood	
Legal Aid Society of Mid-New York, Inc.	105 Court St 3rd Floor, Binghamton, NY 13901 Phone: 607-231-5900 https://www.lasmny.org/disability-advocacy Broome, Cayuga, Chenango, Cortland, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Delaware, Oswego, and Otsego Counties	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Other locations can be viewed here: https://www.lasmny.org/locations Can call help line to apply: 877-777-6152 or submit application online through their website



Self-Advocacy - Employment (continued)			
Organization	Contact Information	Ages Served	Additional Info
Legal Services of Central NY, Inc.	105 Court St, 2nd Floor, Binghamton, NY 13901 Phone: 607-231-5988 https://www.lscny.org/legal-services/employment-workers-rights/ Broome, Cayuga, Chenango, Cortland, Delaware, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Otsego, and Oswego Counties	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	In-person, phone, and team meetings Other locations can be viewed here: https://www.lscny.org/contact/ Legal Helpline: 877-777-6152 or online intake form through their website
NYS OPWDD - Broome Developmental Disabilities Services Office	305 Main St Binghamton, NY 13905 Phone: 607-770-0211 https://opwdd.ny.gov/location/broome-developmental-disabilities-services-office Broome, Chenango, Delaware, Otsego, and Tompkins Counties	High School Age Adulthood	For other counties, please contact your local regional office.
Project Self-Esteem at StarBridge	1650 South Avenue Suite 200 Rochester, NY 14620 Phone: 585-224-7212 https://starbridgeinc.org/	Adulthood	Programs available for transition to adulthood and employment preparation and support; ages vary by program - see website for additional information
Supported Employment at STIC	135 E. Frederick Street Binghamton, NY 13904 Phone: 607-724-2111 ext. 366 https://stic-cil.org/index.php/semp/ Broome, Tioga, and Chenango Counties	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
The Children's Home of Wyoming Conference	1182 Chenango St Binghamton, NY 13901 Phone: 607-772-6904/800-772-6904 https://chowc.org/our-services/career-readiness-programs/	High School Age Adulthood	
The Summit Center	150 Stahl Rd. Getzville, NY 14068 Phone: 716-629-3400 https://www.thesummitcenter.org/what-we-do/adult-division/655-2/	High School Age Adulthood	View available support programs on their website



Case Management & Planning Services

Resources in alphabetical order

Medicaid Application Support			
Organization	Contact Information	Ages Served	Additional Info
Facilitated Enrollment at Southern Tier Independence Center (STIC)	135 East Fredrick Street Binghamton, NY 13904 Phone: 607-724-2111 ext. 352 https://stic-cil.org/index.php/fe-abd/ Broome, Chenango, Cortland, Delaware, Otsego, Tioga, and Tompkins counties	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Individuals must be age 65+, blind, or disabled
OPWDD Care Coordination	1249 Upper Front St. Binghamton, NY 13905 Phone: 855-543-3756 https://lifeplancony.com	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	OPWDD eligibility determination is the first step in the process before applying for Medicaid. A Care Connection Specialist can help you in understanding the process by calling the number provided. Additional information is available here: https://lifeplancony.com/wp-content/uploads/2020/12/Care-Coordination_How-it-Works-20.pdf
Supplemental Needs Pooled Trust Facilitated Enrollment @ Southern Tier Independence Center	135 East Fredrick Street Binghamton, NY 13904 Phone: 607-724-2111 ext 239 https://stic-cil.org/index.php/snt/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood*	*Up to age 18



Medicaid Resources Support			
Organization	Contact Information	Ages Served	Additional Info
Health Home Care Management at Catholic Charities of Broome County	232 Main Street Binghamton, NY 13905 Phone: 607-723-9991 (Adults) or 607-729-9166 (Children) https://www.catholiccharitiesbc.org/programs/health-home.html	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
LifePlan CCO NY	1249 Upper Front St. Binghamton, NY 13905 Local Phone: 607-930-4766 Headquarters: 855-572-2669 https://lifeplancony.com	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	If you call headquarters, they will connect you with the individual that supports your region
Nursing Home Transition and Diversion at STIC	135 East Fredrick Street Binghamton, NY 13904 Phone: 607-724-2111 ext. 351 https://stic-cil.org/index.php/nhtd/ Allegany, Broome, Cayuga, Chemung, Chenango, Cortland, Delaware, Otsego, Schuyler, Steuben, Tioga, Tompkins	Adulthood	Must be capable of living in community with assistance, eligible for nursing home level of care, authorized to receive Medicaid Community Based Long Term Care, 65+ or have a physical disability, & not participate in another HCBS waiver/Managed Long-Term Care
NY Family-to-Family Health Information Center at Parent to Parent NYS	500 Balltown Road Schenectady, NY 12304 Phone: 515-381-4350 https://www.ptopnys.org/programs-services/family-to-family-health-information-center/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Other locations can be viewed here: https://www.ptopnys.org/about-us/regional-office/
TBI Waiver Regional Resource Development Center at STIC	135 East Fredrick Street Binghamton, NY 13904 Phone: 607-724-2111 ext. 369 Website: https://stic-cil.org/index.php/tbi/ Allegany, Broome, Cayuga, Chemung, Chenango, Cortland, Delaware, Otsego, Schuyler, Steuben, Tioga, or Tompkins	Adulthood	Must have TBI or related diagnosis, need nursing facility level of care, be a Medicaid recipient, and reside in an approved county



Other Care Coordination Services			
Organization	Contact Information	Ages Served	Additional Info
Broome County Children with Special Needs	225 Front St. Binghamton, NY 13905 Phone: 607-778-2851 https://www.gobroomecounty.com/hd/youth-and-family-services#	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	If you reside in other counties, call your county health department.
Broome INCLUDES	501 Reynolds Road Johnson City, NY 13790 Phone: 607-778-1109 http://broomeincludes.org/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Can contact to request assistance in navigating Broome County's Systems of Care through phone or their website
Family Navigator at Catholic Charities of Broome County	232 Main Street Binghamton, NY 13905 Phone: 607-729-9166 https://www.catholiccharitiesbc.org/programs/youth_services/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Provides short-term case management to youth who do not meet criteria for other programs.
Family to Family Health Information Center at Parent to Parent NYS	500 Balltown Road Schenectady, NY 12304 Phone: 518-381-4350 https://www.ptopnys.org/programs-services/family-to-family-health-information-center/	Adulthood	Helps families navigate health care services and programs for youth with special health care needs
LifePlan CCO NY	1249 Upper Front St. Binghamton, NY 13905 Phone: 607-930-4766 https://lifeplancony.com	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Navigation Program at STIC	135 East Fredrick Street Binghamton, NY 13904 Phone: (607) 724-2111 https://sticnavigator.com Broome, Chenango, Cortland, Tioga, and Tompkins	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Provides services for individuals, families, and small businesses
Prime Care Coordination	153 Court Street Binghamton, NY 13901 Southern Tier Phone: 607-222-9156 Main Phone: 844-347-3168 https://primecareny.org/	Early Childhood Elementary School Age Middle School Age High School Age	
Southern Tier Connect	199 State Street Binghamton, NY 13901 Phone: 607-376-7526 https://southerntierconnect.org	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Individuals with intellectual and/or developmental disability



Daycare Support

Resources in alphabetical order

Organization	Contact Information	Ages Served	Additional Info
ABC ChildCare & Learning Center	546 Hooper St. Endwell, NY 13760 Phone: 607-748-3334 https://abcchildcare.us/index.html	Early Childhood Elementary School Age Middle School Age	
Family Enrichment Network	24 Cherry St. Johnson City, NY 13790 Phone: 607-723-8313 https://familyenrichment.org	Early Childhood	Early Head Start; Head Start, and UPK program ages 4-5 *Also provides Child Care Resources and Referrals in Broome, Chenango, and Tioga Counties
Future Faces Child Care & Learning Center	Multiple locations: 389 Harry L Drive Johnson City, NY 13790 Phone: 607-797-6499 760 & 800 Hooper Road Endwell, NY 13760 Phone: 607-484-0209 356 Conklin Avenue Binghamton, NY 13903 Phone: 607-723-3536	Early Childhood Elementary School Age Middle School Age	
JCC Binghamton	500 Clubhouse Rd Vestal, NY Phone: 607-724-2417 https://binghamtonjcc.org/programs-and-services/early-childhood-center/	Early Childhood	
Lourdes Childcare Center	3 Aquinas St Binghamton, NY 13905 Phone: 607-772-8110 https://www.guthrie.org/locations/lourdes-childcare-center	Early Childhood Elementary School Age	
YMCA Early Child Care Center	61 Susquehanna St Binghamton, NY 13901 Phone: 607-772-0560 ext. 246 https://ymcabroome.org/main/early-child-care-center/	Early Childhood	
Young Wonders Early Childhood Center at the YWCA	80 Hawley St Binghamton, NY 13901 Phone: 607-772-0340 ext. 225 https://ywcabinghamton.org/programs/young-wonders-early-childhood-center/	Early Childhood	



Food & Resource Programs

Resources in alphabetical order

Food Programs			
Organization	Contact Information	Ages Served	Additional Info
Centenary Chenango UMC Food Pantry	438 Chenango Street Binghamton, NY 13901 Phone: 607-724-3546 https://centenarychenangostreet.wordpress.com/mission-and-outreach/ Broome, Tioga, or Chenango County	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Have some other supports (e.g., underwear and socks for kids).
CHOW - St. James Food Pantry	130 Main Street Johnson City, NY 13790 Phone: 607-729-6147 https://stjamesjc.org/ministries/food-pantry/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Community Empowerment Center Pantry through Catholic Charities of Broome	100 Main Street Binghamton, NY 13905 Phone: 607-723-4563 https://www.catholiccharitiesbc.org/programs/youth_services/pantry.html	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Provides food and clothing to individuals and families in Broome County
Food Bank of the Southern Tier	388 Upper Oakwood Ave.** Elmira, New York 14903 Phone: 607-796-6061 https://www.foodbankst.org/find-food/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	*Mobile food pantry service available - for more information click here: https://docs.google.com/spreadsheets/d/1jjbz1-NwX4wr4L-6dd2SH-Ra05X-H_4IBJz1KGwTPsA/edit#gid=1690022288 *Check their website to see additional food banks by county
Lee Barta Community Center Pantry	108 Liberty Street Binghamton, NY 13901 Phone: 607-238-1005 https://www.uwbroome.org/hlc/lee-barta-community-center/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Additional programs and educational opportunities available as well - see website or call for more information.



Food Programs (continued)			
Organization	Contact Information	Ages Served	Additional Info
Loaves and Fishes Food Pantry - Binghamton	25 ½ Mill Street Binghamton, NY, 13903 Phone: 607-724-5304	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Mother Teresa's Cupboard through Catholic Charities of Broome	202 Garfield Avenue Endicott, NY 13760 Phone: 607-741-0011 https://www.catholiccharitiesbc.org/programs/youth_services/pantry.html	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Provides food to individuals and families in Western Broome County.
Rural Health Network	455 Court Street Binghamton, NY 13904 Phone: 607-692-7669 https://rhscny.org/food/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Several initiatives for increasing food security and access - see website for more information.
Salvation Army	127 Washington Street Binghamton, NY 13902 Phone: 607-722-2987 https://easternusa.salvationarmy.org/empire/inghamton/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
St. Michael's Food Pantry	296 Clinton Street Binghamton, NY 13905 Phone: 607-621-6079 https://saintmichaels.info/outreachevents	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Tabernacle United Methodist Church-Community Meal	83 Main Street Binghamton, NY 13905 Phone: 607-723-8983 https://tabernacleway.com/small-groups/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
United Presbyterian Church - Community Food Pantry	42 Chenango Street Binghamton, NY 13901 Phone: 607-218-2240 https://upcbgm.org/serve-others/community-meal-food-pantry	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	



Community Resource Programs			
Organization	Contact Information	Ages Served	Additional Info
Accessibility Advice at Southern Tier Independence Center (STIC)	135 E. Frederick Street Binghamton NY 13904 Phone: 607-724-2111 https://stic-cil.org/index.php/accessibility-advice/ Broome, Tioga, and Chenango	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Provides referrals and advice to make homes and businesses accessible
Children and Youth with Special Health Care Needs Support Services (CYSHCNSS)	Phone: 1-800-522-5006 https://www.health.ny.gov/publications/0548/cyshcnss.htm	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Assists families in paying for medical bills for children with severe chronic illnesses and/or physical disabilities
Community Habilitation at STIC	135 E. Frederick Street Binghamton NY 13904 Phone: 607-724-2111 https://stic-cil.org/index.php/hab/ Broome, Tioga, or Chenango	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Medicaid funded program operated under OPWDD to provide supports to people with developmental disabilities to develop or enhance skills needed to live more independently.
Family Enrichment Network	24 Cherry St. Johnson City, NY 13790 Phone: 607-723-8313 familyenrichment.org	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	They have multiple offices, but main office is listed. Provides resources for housing, family court, counseling, assistance with custody issues, family literacy, prenatal support, adult/child community habilitation, pre-vocational services, re-entry programs for those being released from a correctional facility, and referrals for various community services.
Help, Empower, Advocate, Reassure and Support	Phone: 888-554-3277 https://ocfs.ny.gov/programs/cwcs/hears.php	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Can connect families to services including food, clothing, and housing; call for more information



Community Resource Programs (continued)			
Organization	Contact Information	Ages Served	Additional Info
Housing at STIC	<p>135 E. Frederick Street Binghamton NY 13904 Phone: 607-724-2111 ext. 355 or Toll free at 877-722-9150 (voice and TTY) https://stic-cil.org/index.php/housing/</p> <p>Allegany, Broome, Cayuga, Chemung, Chenango, Cortland, Delaware, Otsego, Schuylers, Steuben, Tioga, and Tompkins counties</p>	Adulthood	<p>Must be 55 and older or 18+ with a documented chronic disability with the Olmstead Housing Subsidy Program.</p> <p>Participants pay 30% of their monthly income toward rent.</p>
Independent Living Skills Development at STIC	<p>135 E. Frederick Street Binghamton NY 13904 Phone: 607-724-2111 or Toll free at 877-722-9150 (voice and TTY) https://stic-cil.org/index.php/ils/</p>	Adulthood	Helps provide assistance with independent living in the community through mobility, transportation, housing, finances, nutrition, communication, medications, assistive technology, and individual advocacy skill development
Jessica's Corner through Catholic Charities of Broome County	<p>Materials can be picked up at either food pantry location listed below:</p> <p>100 Main Street Binghamton, NY 13905 Phone: 607-723-4563</p> <p>202 Garfield Avenue Endicott, NY 13760 Phone: 607-741-0011</p> <p>https://www.catholiccharitiesbc.org/programs/youth_services/pantry.html</p>	Early Childhood	Provides materials such as diapers, bibs, baby wash, shampoo, onesies, and clothing to families with infants and young children
Money Follows the Person at STIC	<p>135 E. Frederick Street Binghamton NY 13904 Phone: 607-724-2111 ext 391 https://stic-cil.org/index.php/mfp/</p> <p>Allegany, Broome, Chemung, Chenango, Cortland, Delaware, Otsego, Schuylers, Steuben, Tompkins, and Tioga counties</p>	Adulthood	Helps with transition from nursing facilities and hospitals to living in community or smaller OPWDD IRAs. Must be 18+ and a current resident in a nursing facility, ICF (5+ beds), or a hospital.



Community Resource Programs (continued)			
Organization	Contact Information	Ages Served	Additional Info
Project Concern	23 Kattelville Road Binghamton, NY 13901 Phone: 607-648-2492	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Has clothing and other materials available
Sign Language Interpreter Services at STIC	135 E. Frederick Street Binghamton NY 13904 Phone: 607-724-2111 ext 338 or 607-222-4364 (24hr cell) https://stic-cil.org/index.php/interpreter/ Broome, Tioga, Chenango, Otsego, Cortland, Tompkins, Delaware, and parts of Pennsylvania	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Highly suggested to request an interpreter at least 10 days in advance
StarBridge	1650 South Avenue, Suite 200 Rochester, NY 14620 Phone: 585-546-1700 https://starbridgeinc.org/services/home-and-community-supports/	Adulthood	Family reimbursement program for OPWDD individuals and their families. Programs also available for supervised residences with supports up to 24/7 care and community habilitation for OPWDD individuals. See website for more information.
The South Early Childhood Family and Community Engagement Centers (FACE) - at STIC	135 E. Frederick St Binghamton, NY 13904 Phone: 607-724-2111 ext. 393 (Early Childhood); ext. 336 (School Age) Video Phone: 607-238-2694 https://stic-cil.org/index.php/face-2/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Helps provide assistive technology through the TRAIID Loan Closet and has FACE Lending Library to provide books with information
TRAIID at STIC	135 E. Frederick Street Binghamton NY 13904 Phone: 607-724-2111 ext. 359 https://stic-cil.org/index.php/traid/ Broome, Chenango, Delaware, Otsego, and Tioga	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Lends assistive technology to individuals with disabilities through their loan closet. Also provides demonstrations for the technology, trainings, and referrals.



Transportation Resources			
Organization	Contact Information	Ages Served	Additional Info
A&D Transport Services	Phone for Broome County: 607-386-4772* https://www.adtransportservices.com	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Offers taxi services, airport services (Binghamton and Albany airports), and courier services. *For other counties, see website and call appropriate phone number.
BC Country	Phone: 607-275-5142 https://www.gobroomecounty.com/transit/bccountry	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Reservation-based service that transports rural residents to and from urban areas. Reservations can be made up to one week in advance. Call for prices for ride - reduced price for individuals with disability with documentation. Check their website for instructions on how to register as a first time user.
BC Transit Buses	System Map: https://www.gobroomecounty.com/sites/default/files/dept/transit/pdfs/Maps/System-Map-2019.pdf	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Fixed Route Bus serves the urban area of the county from West Endicott to Kirkwood.
Broome County Child Passenger Safety Program	Located at the Broome County Sheriff's Office in the upper garage 155 Lt. Vanwinkle Drive Binghamton, NY 13905 Phone: 607-778-2807* https://www.gobroomecounty.com/node/1458#	Parents and Caregivers of Child/Expected Child	Provides free child safety seat for individuals who are receiving public assistance through either WIC, DSS and/or Medicaid. See website for additional requirements. *If you reside in other counties, call your county health dept.



Transportation Resources (continued)			
Organization	Contact Information	Ages Served	Additional Info
Getthere Mobility Management of South Central NY	Phone: 855-373-4040 ext. 711 https://gettherescny.org Broome, Chenango, Delaware, Otsego, and Tioga	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Provides transportation information and case management services, financial assistance for eligible individuals who need transportation to healthcare appointments, transportation to employment services, and training on how to use public transportation. Transportation information and assistance call center is open to help individuals find workable and affordable solutions to transportation.
Rural Health Network	455 Court St Binghamton, NY 13904 Phone: 607-692-7669 https://rhnsny.org/transportation/	Adulthood	Will provide assistance with transportation if Getthere Program cannot and provides transportation vouchers/coordinates with multiple services.
Transportation Support at Catholic Charities of Broome County	232 Main Street Binghamton, NY 13905 Phone: 607-723-9991 https://www.catholiccharitiesbc.org/programs/mental_health/transportation.html	Adulthood	Provides assistance with public transportation needs at a reduced cost to adults with a mental health diagnosis



Home & Community Caregiver Support Resources in alphabetical order

Short-Term Respite Services (1-8 hours)			
Organization	Contact Information	Ages Served	Additional Info
ACHIEVE NY	4733 Vestal Parkway East Vestal, NY 13850 Phone: 607-723-8361 https://www.achieveny.org/services/family-support-services/ Broome, Chenango, and Tioga	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	In-home respite and Family Empowerment programs (waiver programs that assist with covering respite care) and recreational respite (e.g., participation in community events) available
Broome Developmental Disabilities Services Office - NYS OPWDD	305 Main Street Binghamton, NY 13905 Phone: 607-770-0211 https://opwdd.ny.gov/location/broome-developmental-disabilities-services-office Broome, Chenango, Delaware, Otsego, and Tompkins	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	For other counties, please contact your local regional office. Costs covered by Medicaid. Call and ask about respite services for more information
HCA- Helping Celebrate Abilities	18 Broad Street Johnson City, NY 13790 Phone: 607-205-1077 https://www.hcaserves.com/our-services/community-support-services/	Early Childhood Elementary School Age	After-school at Glenwood BOCES and hourly home-based respite available. Call for more information.

Longer-Term Respite Services (8-24 hours)			
Organization	Contact Information	Ages Served	Additional Info
Broome Developmental Disabilities Services Office - NYS OPWDD	305 Main Street Binghamton, NY 13905 Phone: 607-770-0211 https://opwdd.ny.gov/location/broome-developmental-disabilities-services-office Broome, Chenango, Delaware, Otsego, and Tompkins	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	For other counties, please contact your local regional office. Costs covered by Medicaid. Call and ask about respite services for more information
Consumer Directed Personal Assistance (CDPA) at the Southern Tier Independence Center (STIC)	135 E. Frederick Street Binghamton NY 13904 Phone: 607-724-2111 ext. 310 https://stic-cil.org/index.php/cdpa/ Broome, Tioga and Chenango	Adulthood	Serves individuals who are approved by DSS or managed care company and medicaid eligible.
HCA- Helping Celebrate Abilities	147 Front Street Binghamton, NY 13905 Phone: 607-348-0417 ext. 504 https://www.hcaserves.com/our-services/community-support-services/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	See more information under "free-standing respite program"



Ongoing Respite Services (e.g. weekly check-ins)			
Organization	Contact Information	Ages Served	Additional Info
ACHIEVE NY	4733 Vestal Parkway East Vestal, NY 13850 Phone: 607-723-8361 https://www.achieveny.org/services/family-support-services/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Serves Broome, Chenango, and Tioga Counties Waiver program may be used for ongoing care, call for more information.
HCA- Helping Celebrate Abilities	18 Broad Street Johnson City, NY 13790 Phone: 607-798-7117 https://www.hcaserves.com	Early Childhood Elementary School Age	HCA currently operates homes in Broome County with individualized care available to support differing needs. Call for more information.
The Children's Home of Wyoming Conference	1182 Chenango St Binghamton, NY 13901 Phone: 607-772-6904 or 800-772-6904 https://chowc.org/our-services/community-programs/	Elementary School Age Middle School Age High School Age	Home and Community Based Services for youth covered by Medicaid



Psychological Services
Resources in alphabetical order

Diagnostic Evaluations			
Organization	Contact Information	Ages Served	Additional Info
Capital Care Developmental Pediatrics	6 Wellness Way Main Entrance, Suite 101 Latham, NY 12110 Phone: 518-782-7733 https://developmentalpediatrics.communitycare.com/services/	Early Childhood Elementary School Age	Developmental and autism evaluations
Child & Adolescent Diagnostic and Consultation Clinic (CADCC) at the Institute for Child Development	Institute for Child Development Binghamton University Binghamton, NY 13902-6000 Phone: 607-777-2829 https://www.binghamton.edu/institutes/child-development/programs/ *GPS location requires entry of the following address (cannot be used for mailing): 148 Recreation Drive Vestal, NY 13850 Email is the preferred contact method for inquiries: icdcadcc@binghamton.edu	Early Childhood Elementary School Age Middle School Age High School Age	Private pay evaluations birth through age 17 for autism, ADHD, dyslexia, learning disabilities, and mood and anxiety disorders of childhood, as well as basic psychological re-evaluations. Referrals accepted from legal guardians or district/agency representatives. Not in-network with insurance plans - cannot bill insurance directly.
Child Mind Institute Autism Center	215 East 50th St. New York, NY 10022 Phone: 212-308-3118 https://childmind.org/care/areas-of-expertise/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Diagnostic evaluations for ADHD, anxiety, autism, learning challenges, and other emotional concerns. Call for information regarding in-person and telehealth services at each center, as well as cost. Not in-network with insurance plans
Children's Unit for Treatment and Evaluation at the Institute for Child Development	Institute for Child Development Binghamton University Binghamton, NY 13902-6000 Phone: 607-777-2829 https://www.binghamton.edu/institutes/child-development/programs/ *GPS location requires entry of the following address (cannot be used for mailing): 148 Recreation Drive Vestal, NY 13850	Early Childhood (ages 2-5)*	Provides preschool evaluations (CPSE) in NYS; referral by child's school district required, even if the child is not yet enrolled in a district-based educational program



Diagnostic Evaluations (continued)			
Organization	Contact Information	Ages Served	Additional Info
Four Corners Assessment and Counseling	Earl D. Butler Professional Building 231 Main Street, Lobby Vestal, NY 13850 Phone: 607-205-1394 http://www.fourcac.com/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Diagnostic evaluations (e.g., autism, ADHD, learning disorders, intellectual disability, anxiety disorders, and depressive disorders) Assessment of decision-making capacity for individuals with developmental disabilities
MindWell Psychological Assessment, LLC	15 Cornell Rd. Latham, NY 12110 Phone: 518-510-3100 https://www.mindwellcenter.com/assessment	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Prior to scheduling evaluation, MindWell will complete a phone screening with a member of the care coordination team.
The Summit Center Behavioral Pediatrics Clinic	75 Pineview Drive Amherst, NY 14228 Phone: 716-629-3400 https://www.thesummitcenter.org/what-we-do/behavioral-health-division/behavioral-pediatrics-clinic/	Early Childhood Elementary School Age Middle School Age	Evidence-based services for anxiety, behavior disorders, elimination disorders, mood disorders, autism, and other conditions (see website for information).



Individual Therapy			
Organization	Contact Information	Ages Served	Additional Info
Calming Waters Counseling Center	1277 Taylor Road Owego, NY 13827 Phone: 607-744-1100 https://maryreeves-therapy.com	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Offers in-person and virtual services; services for children includes play therapy
Child Mind Institute Autism Center	215 East 50th St. New York, NY 10022 Phone: 212-308-3118 https://childmind.org/care/#how-we-can-help	Elementary School Age Middle School Age High School Age Adulthood	
Children and Family Mental Health Counseling at the Southern Tier Independence Center (STIC)	135 E. Frederick Street Binghamton, NY 13904 Phone: 607-724-2111 https://stic-cil.org/index.php/cfmhc/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Serves youth ages 5-21 in Broome County who have a developmental disability diagnosis and are facing mental health challenges
Family & Children's Counseling Services	257 Main Street Binghamton, NY 13905 Phone: 607-729-6206 153 Main Street Owego, NY 13827 Phone: 607-687-3540 355 Riverside Drive Johnson City, NY 13790 Phone: 607-772-9776 https://familycs.org	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Four Corners Assessment and Counseling	Earl D. Butler Professional Building 231 Main Street, Lobby Vestal, NY 13850 Phone: 607-205-1394 http://www.fourcac.com/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Gateway at Catholic Charities of Broome County	232 Main Street Binghamton, NY 13905 Phone: 607-729-9166 https://www.catholiccharitiesbc.org/programs/youth_services/	Elementary School Age Middle School Age High School Age Adulthood	Serves ages 8-21 by providing free short-term individual counseling



Individual Therapy (continued)			
Organization	Contact Information	Ages Served	Additional Info
Guthrie Binghamton Mental Health Clinic	184 Court Street Binghamton NY 13901 Phone: 607-584-4465 https://www.guthrie.org/locations/inghamton-mental-health	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
MindWell Psychology, LLC	Albany 15 Cornell Rd., Latham, NY 12110 Phone: 518-510-3100 Ithaca 950 Danby Rd., Suite 202F Ithaca, NY 14850 Phone: 607-260-3100 https://www.mindwellcenter.com/cognitive-behavioral-therapy	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Check website for types of therapy offered and payment details.
Oakdale Psychology Associates	116A Clayton Ave. Vestal, NY 13850 Phone: 607-754-1101 https://www.oakdalepsychology.com/	Elementary School Age Middle School Age High School Age Adulthood	
Professional Counseling at STIC	135 East Frederick St. Binghamton, NY 13904 Ph: 607-724-2111 ext. 309 https://stic-cil.org/index.php/pro-c/ Broome, Chenango, and Tioga	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Needs-based; does not depend upon diagnosis
Psychological Clinic at SUNY Binghamton	Clearview Hall, Room 88 Binghamton University Binghamton, NY 13902-6000 Phone: 607-777-2103 https://www.binghamton.edu/psychology/labs/psychological-clinic/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
The Center for Psychological Services	3 Tioga Boulevard, Suite 5 Apalachin, New York 13732 Phone: 607-785-4156 or 607-625-4355 https://cpsapalachin.com/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Outpatient psychotherapy & outpatient counseling
The Summit Center Behavioral Pediatrics Clinic	75 Pineview Drive Amherst, NY 14228 Phone: 716-629-3400 https://www.thesummitcenter.org/what-we-do/behavioral-health-division/behavioral-pediatrics-clinic/	Early Childhood Elementary School Age Middle School Age	Anxiety, behavior disorders, elimination disorders, mood disorders, autism, and other conditions (see website for more information).



Family Therapy			
Organization	Contact Information	Ages Served	Additional Info
Calming Waters Counseling Center	1277 Taylor Rd. Owego, NY 13827 Phone: 607-744-1100 https://maryreeves-therapy.com	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Offers in-person and virtual services
Child Mind Institute Autism Center	215 East 50th St. New York, NY 10022 Phone: 212-308-3118 https://childmind.org	Elementary School Age Middle School Age High School Age Adulthood	
Functional Family Therapy at Catholic Charities of Broome County	232 Main Street Binghamton, NY 13905 Phone: 607-729-9166 https://www.catholiccharitiesbc.org/programs/youth_services/	Middle School Age High School Age	Offering free in-home or office family therapy services on a weekly basis to families with children at risk of placement or in the juvenile justice system
Jack O'Rourke Family Counseling Program at Catholic Charities of Broome County	232 Main Street Binghamton, NY 13905 Phone: 607-729-9166 https://www.catholiccharitiesbc.org/programs/youth_services/	Elementary School Age Middle School Age High School Age Adulthood	Broome County families, couples, and individuals are eligible
Oakdale Psychology Associates	116A Clayton Ave. Vestal, NY 13850 Phone: 607-754-1101 https://www.oakdalepsychology.com/	Elementary School Age Middle School Age High School Age Adulthood	
Psychological Clinic at SUNY Binghamton	Clearview Hall, Room 88 Binghamton University Binghamton, NY 13902-6000 Phone: 607-777-2103 https://www.binghamton.edu/psychology/labs/psychological-clinic/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	



Group Therapy			
Organization	Contact Information	Ages Served	Additional Info
Center for Autism and Related Disabilities (CARD)	1535 Western Avenue Albany, NY 12203 Phone: 518-442-2574 https://www.albany.edu/autism	Early Childhood Elementary School Age Middle School Age High School Age Adulthood*	Note: ages served depend on the specific service. CARD periodically offers evidence-based online group therapy (such as the e-Unstuck and On Target group for building flexibility) as part of research initiatives. Explore their website or call to learn more about currently available options.
MindWell Psychology, LLC	Albany 15 Cornell Rd., Latham, NY 12110 Phone: 518-510-3100 Ithaca 950 Danby Rd., Suite 202F Ithaca, NY 14850 Phone: 607-260-3100 https://www.mindwellcenter.com/groups	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Check website for types of therapy offered and payment details.
Oakdale Psychology Associates	116A Clayton Ave. Vestal, NY 13850 Phone: 607-754-1101 https://www.oakdalepsychology.com/	Elementary School Age Middle School Age High School Age Adulthood	Groups include social skills for children. Call for availability and more information.
Psychological Clinic at SUNY Binghamton	Clearview Hall, Room 88 Binghamton University Binghamton, NY 13902-6000 Phone: 607-777-2103 https://www.binghamton.edu/psychology/labs/psychological-clinic/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Offerings change, call for more information/availability.



Caregiver Support Groups			
Organization	Contact Information	Ages Served	Additional Info
AGAPE Southern Tier- Finger Lakes	950 Danby Road Suite 318 Ithaca, NY 1850 Phone: 607-272-0034 https://affcnny.org/foster-adoptive-parent-support-groups-broome-county-ny/ Broome, Chemung, Schuyler, and Tompkins	Caregiver/Family	Serves families who have adopted a child or have become guardian of a relative's child
Albany Medical Center Pediatric Developmental-Behavioral Health	*Meets virtually Phone: 518-262-5401 https://www.albanymed.org/specialty/parent-resources/	Caregiver/Family	Several virtual groups offered; See website for more information
Family Resource Network, Inc.	46 Oneida St Oneonta, NY 13820 Phone: 607-432-000 https://familyrn.org/programs/services-for-opwdd-eligibility/family-and-provider-trainings/	Caregiver/Family	Offers online and phone support groups, as well as some in person. For specific opportunities, see events calendar here: https://familyrn.org/news-and-events/events-calendar/ *Must be OPWDD eligible
Parent to Parent Matching at Parent to Parent NYS	500 Balltown Road Schenectady, NY 12304 Phone: 515-381-4350 https://www.ptopnys.org/programs-services/family-support-services/request-a-parent-match/	Caregiver/Family	Best way to be matched with a Support Parent is by completing the request form on the website.
Tri Town Foster and Adoptive Parent Association	42 Hawkins Rd Ninevah, NY 13813 Phone: 607-639-4265 https://affcnny.org/foster-adoptive-parent-support-groups-broome-county-ny/	Caregiver/Family	Support group for adoptive and foster parents



Caregiver Training Resources

Organization	Contact Information	Ages Served	Additional Info
Behavioral Support Services- at STIC	135 E. Frederick St Binghamton, NY 13904 Phone Number: 607-724-2111 ext. 378 Video Phone: 607-238-2694 https://stic-cil.org/index.php/behavior-support-services/	Caregiver/Family	
Broome County Suicide Awareness For Everyone (BCSAFE)	Broome, Tioga, and Chenango Broome County Mental Health Department 105 Reynolds Rd Johnson City, NY 13790 Phone: 607-778-2351 https://www.gobroomecounty.com/mh/bcsafe	Caregiver/Family	Provides educational and training resources to increase public awareness about suicide prevention
Calming Waters Counseling Center	1277 Taylor Road Owego, NY 13827 Phone: 607-744-1100 https://maryreeves-therapy.com	Early Childhood Elementary School Age Middle School Age High School Age Adulthood Caregiver/Family	Offers in-person and virtual services
Family & Children's Counseling Services	257 Main Street Binghamton, NY 13905 Phone: 607-729-6206 153 Main Street Owego, NY 13827 Phone: 607-687-3540 355 Riverside Drive Johnson City, NY 13790 Phone: 607-772-9776 https://familycs.org	Early Childhood Elementary School Age Middle School Age High School Age Adulthood Caregiver/Family	
Family Education Center Cornell Cooperative Extension-Broome County	840 Upper Front St., Suite 1 Binghamton, NY 13905 Phone: 607-584-5024, 607-245-6893 https://ccebroomecounty.com/family-parenting	Caregiver/Family	



Caregiver Training Resources (continued)			
Organization	Contact Information	Ages Served	Additional Info
Family Resource Network, Inc	46 Oneida St Oneonta, NY 13820 Phone: 607-432-0001 https://familyrn.org/programs/services-for-opwdd-eligibility/family-and-provider-trainings/	Caregiver/Family	Offers caregiver trainings. For specific opportunities, see events calendar here: https://familyrn.org/news-and-events/events-calendar/ *Must be OPWDD eligible
Help, Empower, Advocate, Reassure and Support (OCFS HEARS)	Phone: 888-554-3277 https://ocfs.ny.gov/programs/cwcs/hears.php	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Can connect families to behavioral health care services and parenting education
Life Space Crisis Intervention	Phone: 610-349-3567 https://www.lsci.org/parents/course-information/ Contact form: https://www.lsci.org/contact/	Caregiver/Family	Offers online, video-based training to parents and caregivers for strategies to prevent and deescalate challenging behaviors. Can also search for an LSCI Skills for Parents Trainer in the area through their website.
Manhattan Psychology Group	Locations in New York, NY and Long Island City, NY Phone: 646-389-4112 https://manhattanpsychologygroup.com/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood Caregiver/Family	Sometimes offers virtual parent training groups (e.g., for ADHD and behavior challenges); visit their website (Mental Health > Group Programs for Kids and Parents) to learn more
Mothers & Babies	346 Grand Ave Johnson City, NY 13790 Phone: 607-772-0517(main office) 607-771-6334 (For parenting classes) https://mothersandbabies.org/programs/family-support-services/	Caregiver/Family	
National Alliance on Mental Health Basics Program	Phone: 518-462-2000 https://www.nami.org/Support-Education/Mental-Health-Education/NAMI-Basics	Caregiver/Family	Education program for caregivers, available online or in person, to provide support and strategies for advocating and responding to your child's needs



Caregiver Training Resources (continued)			
Organization	Contact Information	Ages Served	Additional Info
Oakdale Psychology Associates	116 Clayton Ave. Vestal, NY 13850 Phone: 607-754-1101 https://www.oakdalepsychology.com/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood Caregiver/Family	Offers seminars for parenting
Parent and Children Together (PACT) in Broome County	169 Riverside Dr Binghamton, NY 13905 Phone: 607-766-1620 https://www.guthrie.org/services-treatments/parents-and-children-together-pact	Early Childhood Caregiver/Family	Services offered from pregnancy until child reaches age 5
Safety-Care for Families through QBS	49 Plain Street Suite 200 North Attleboro, MA 02760 Phone: 508-316-4223 https://qbs.com/safety-care-for-families-2/#:	Caregiver/Family	*Trainings in NY can be searched from the website by clicking "View Training Schedule" and searching NY, or you can call the main phone number for more information. Training sessions focus on teaching skills and interventions to prevent, minimize, and manage behavioral crises.
Star Bridge	1650 South Avenue, Suite 200 Rochester, NY 14620 Phone: 585-546-1700 https://starbridgeinc.org/resources/workshops-webinars/	Caregiver/Family	
The South Early Childhood Family and Community Engagement Centers (FACE) - at STIC	135 E. Frederick St Binghamton, NY 13904 Phone: 607-724-2111 ext. 393 (Early Childhood); ext. 336 (School Age) Video Phone: 607-238-2694 https://stic-cil.org/index.php/face-2/	Caregiver/Family	
The Summit Center	75 Pineview Dr., Suite 200 Amherst, NY 14226 Phone: 716-629-3400 https://www.thesummitcenter.org/what-we-do/community-division/s-t-a-r-support-training-and-respite/	Caregiver/Family	*In-person and virtual sessions available. Can be included in program costs for those who are OPWDD eligible.



Youth Support Groups			
Organization	Contact Information	Ages Served	Additional Info
Peer Counseling at the Southern Tier Independence Center (STIC)	135 E. Frederick Street Binghamton NY, 13904 Phone: (607) 724-2111 ext. 356 https://stic-cil.org/index.php/peer/ Broome, Tioga or Chenango	Elementary School Age Middle School Age High School Age Adulthood*	Peer counseling for anyone who identifies as having a disability
Teen Scene at The Family Resource Network, Inc.	46 Oneida Street Oneonta, NY 13820 Phone: 607-432-0001 https://familyrn.org/programs/mental-health-and-wellness-services/teen-scene/ Otsego, Delaware, and Chenango	Middle School Age High School Age Adulthood	Services are offered in-person and virtually. The calendar of events can be found here: https://familyrn.org/events-calendar/



Social Opportunities and Camps

Resources in alphabetical order

After-School Programs			
Organization	Contact Information	Ages Served	Additional Info
ABC ChildCare & Learning Center	546 Hooper Rd Endwell, NY 13760 Phone: 607-748-3334 https://abcchildcare.us/before-after.html	Early Childhood Elementary School Age Middle School Age	Before-school program also available Contact for pricing
Future Faces Child Care & Learning Center	389 Harry L Drive Johnson City, NY 13790 Phone: 607-797-6499	Early Childhood Elementary School Age Middle School Age	Centers in Johnson City, Binghamton, Endwell. Check website for additional locations
G & E Therapies - Social Skills After-School Program	801 Main Street Vestal, NY 13850 Phone: 877-426-3307 ext 3 https://gandetherapies.com/summer-program/	High School Age	
HCA- Helping Celebrate Abilities	435 Glenwood Road Binghamton, NY 13905 Phone: 607-205-1077 https://www.hcaserves.com/our-services/community-support-services/	Elementary School Age Middle School Age	Information listed under "Community Support Services" Tab
Kid Connection School Age Childcare at JCC	500 Clubhouse Rd Vestal, NY 13850 Phone: 607-724-2417 ext 421 https://binghamtonjcc.org/programs-and-services/school-age-programs/	Early Childhood Elementary School Age Middle School Age High School Age*	
STCC Southern Tier Community Center Division of Children's Home of Wyoming Conference	Main Office 1 Clubhouse Rd. Endicott, NY 13760 Phone: 607-444-3354 Toll Free: 800-772-6904 After School Program locations: Homer Brink and Maine Memorial Elementary Schools	Early Childhood Elementary School Age	Serves youth from Union Endicott and Maine Endwell School Districts.
Urban League of Broome County	42 Chenango Street Binghamton NY 13901 Phone: 607-723-7303 ext 104 https://bcul.org/	Early Childhood Elementary School Age Middle School Age*	*OPWDD-eligible individuals



Summer Camps			
Organization	Contact Information	Ages Served	Additional Info
ABC ChildCare & Learning Center	546 Hooper Rd Endwell, NY 13760 Phone: 607-748-3334 https://abcchildcare.us/summer.html	Elementary School Age Middle School Age	
Achieve	Calvin Coolidge Elementary School 261 Robinson Street Binghamton, NY 13904 Phone: 607-723-8361 https://www.achieveny.org/services/family-support-services/ Broome, Tioga or Chenango	Elementary School Age Middle School Age High School Age Adulthood	6-week summer program for individuals ages 5-21 who have an IEP or 504. Call for more information about pricing and scholarships (free for individuals covered by OPWDD Medicaid)
Camp JCC at JCC Binghamton	500 Clubhouse Road Vestal, NY Phone: 607-724-2417 https://binghamtonjcc.org/programs-and-services/camp-jcc/	Elementary School Age Middle School Age	There are also week-long camps available through the JCC - see here for more information: https://binghamtonjcc.org/programs-and-services/sports-specialty-camps/
Child Mind Institute Autism Center	Allen-Stevenson School 132 East 78th Street New York, NY 10075 Phone: 212-308-3118 https://childmind.org/care/areas-of-expertise/adhd-and-behavior-disorders-center/summer-program/	Elementary School Age Middle School Age	
G & E Therapies	801 Main Street Vestal, NY 13850 Phone: 877-426-3307 ext 3 https://gandetherapies.com/summer-program/	Elementary School Age Middle School Age	
STCC Southern Tier Community Center	1 Clubhouse Rd. Endicott, NY 13760 Phone: 607-444-3354 Toll Free: 1-800-772-6904	Early Childhood Elementary School Age Middle School Age	
The Central New York Chapter of the Autism Society of America	4465 E. Genesee St. PMB 252 Dewitt, NY 13214-2242 Phone: 315-447-4466 https://cnyasa.org/programs	Early Childhood Elementary School Age Middle School Age High School Age	Summer programs available for youth ages 5-14 with an ASD diagnosis



Summer Camps (continued)			
Organization	Contact Information	Ages Served	Additional Info
Urban League of Broome County	42 Chenango Street Binghamton NY 13901 Phone: 607-723-7303 https://bcul.org/	Early Childhood Elementary School Age Middle School Age	OPWDD-eligible individuals
YMCA of Broome County	West Family YMCA: 740 Main Street Johnson City, NY 13790 Binghamton Family YMCA: 61 Susquehanna Street Binghamton NY 13901 Phone: 607-770-9622 ext. 404 https://ymcabroome.org/main/summer-camp/	Early Childhood Elementary School Age Middle School Age	
Young Wonders School Age Summer Camp (YWCA)	80 Hawley Street, Binghamton, NY 13901 Phone: (607) 772-0340 https://ywcabinghamton.org/programs/young-wonders-early-childhood-center/	Elementary School Age Middle School Age	



Social Events & Recreational Opportunities			
Organization	Contact Information	Ages Served	Additional Info
Achieve	47 Riverside Drive Johnson City, NY 13790 Phone: 607-723-8361 https://www.achieveny.org/services/family-support-services/	Elementary School Age Middle School Age High School Age Adulthood	
Down Syndrome Information Network of Twin Tiers NY	300 Scenic View Horseheads, NY 14845 Phone: 607-654-0146 https://www.dsintt.org/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Events are sometimes listed on the events tab of their webpage; their resources tab also lists camps and sports
Dragon Dates at The Family Resource Network, Inc.	46 Oneida Street Oneonta, NY 13820 Phone: 607-432-0001 https://familyrn.org/programs/services-for-opwdd-eligibility/dragon-dates-program/ Broome, Chenango, Otsego, Delaware, Tioga or Tompkins	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Dragon Dates Program events can be located on the calendar found here: https://familyrn.org/news-and-events/events-calendar/
Self-Directed Services & Supports at StarBridge	1650 South Avenue Suite 200 Rochester, NY 14620 Phone: 585-546-1700 https://starbridgeinc.org/services/self-directed-services-supports/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Services available for individuals who are OPWDD-eligible
Southern Tier Challenger League	109 Meeker Road Vestal, NY 13850 Phone: 607-759-0610 https://southerntierchallenger.com/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
The Central New York Chapter of the Autism Society of America	4465 E. Genesee St. PMB 252 Dewitt, NY 13214-2242 Phone: 315-447-4466 https://cnyasa.org/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Events & social groups for adults
Together Including Every Student (TIES) Program at Starbridge	1650 South Avenue, Suite 200 Rochester, NY 14620 Phone: 585-546-1700 https://starbridgeinc.org/ties/	Elementary School Age Middle School Age High School Age Adulthood	Student volunteers (grades 9-12) are paired with each child with a disability (age 8-21) to participate in activities available through participating school districts



Specialty Medical Services

Resources in alphabetical order

Developmental Behavioral Pediatrics			
Organization	Contact Information	Ages Served	Additional Info
Albany Medical Center Pediatric Developmental-Behavioral Health	391 Myrtle Avenue Floor 3, Suite 3b Albany, NY 12208 Phone: 518-262-5401 https://www.albanymed.org/specialty/pediatric-developmental-behavioral-health/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Capital Care Developmental Pediatrics	6 Wellness Way Main Entrance, Suite 101 Latham, NY 12110 Phone: 518-782-7733 https://developmentalpediatrics.communitycare.com	Elementary School Age	Children 7 and older with a documented disability that needs further evaluation
University Of Rochester Developmental and Behavioral Pediatrics	200 East River Road Rochester, NY 14642 Phone: 585-275-2986 https://www.urmc.rochester.edu/childrens-hospital/developmental-disabilities/services.aspx	Early Childhood Elementary School Age Middle School Age High School Age Adulthood*	
Upstate Golisano Children's Hospital Center for Development, Behavior and Genetics	725 Irving Ave. Syracuse, NY 13210 Phone: 315-464-3555 https://www.upstate.edu/gch/services/development-behav-genetics/index.php	Early Childhood Elementary School Age Middle School Age High School Age	

Feeding and Nutrition			
Organization	Contact Information	Ages Served	Additional Info
Albany Medical Center Pediatric Developmental-Behavioral Health	391 Myrtle Avenue Floor 3, Suite 3b Albany, NY 12208 Phone: 518-262-5401 https://www.albanymed.org/specialty/pediatric-developmental-behavioral-health/	Early Childhood	Assessments of feeding disorders offered
University of Rochester Golisano Children's Hospital Pediatric Feeding Disorder Program	200 East River Road 3rd Floor Rochester, NY 14623 Phone: 585-275-2986 https://www.urmc.rochester.edu/childrens-hospital/developmental-disabilities/services/feeding-disorders.aspx	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	



Neurology			
Organization	Contact Information	Ages Served	Additional Info
Albany Medical Center Pediatric Developmental-Behavioral Health	391 Myrtle Avenue Floor 3, Suite 1a Albany, NY 12208 Phone: 518-262-1700 https://www.albanymed.org/specialty/pediatric-neurology/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
University of Rochester Medicine - Child Neurology Outpatient Clinic	200 East River Road Third Floor Rochester, NY 14623 Phone: 585-275-2808 https://www.urmc.rochester.edu/neurology/our-divisions/child-neurology.aspx	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Upstate University Hospital Pediatric Neurology	Upstate Health Care Center 4th Floor 90 Presidential Plaza Syracuse, NY 13202 Phone: 315-464-4243 https://www.upstate.edu/neurology/healthcare/clinics/pediatric-neurology.php	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	

Sleep			
Organization	Contact Information	Ages Served	Additional Info
The Sleep Center at Albany Medical Center	1365 Washington Avenue Suite 200 Albany, NY 12208 Phone: 518-264-1761 https://www.albanymed.org/specialty/sleep-disorders/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	*starts at 12 months old
University of Rochester Golisano Children's Hospital Pediatric Sleep Medicine Services	Pediatric Sleep Medicine Services of the Strong Sleep Disorders Center 2180 South Clinton Avenue Rochester, NY 14618 Phone: 585-340-8949 https://www.urmc.rochester.edu/childrens-hospital/sleep-center.aspx	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Upstate University Hospital Children's Pediatric Sleep Center	Upstate Sleep Center: Medical Center West Suite 101 5700 West Genesee Street Camillus, NY 13031 Phone: 315-487-5337 https://www.upstate.edu/gch/services/pulmonary/sleep-center.php	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	



Ear, Nose & Throat (ENT)			
Organization	Contact Information	Ages Served	Additional Info
Pediatric Ear, Nose, & Throat Care at Albany Medical Center	50 New Scotland Avenue Surgeons Pavilion Floor 2 Albany, NY 12208 Phone: 518-262-6240 https://www.albanymed.org/specialty/pediatric-ear-nose-throat/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood (Up to age 20)	
University of Rochester Golisano Children's Hospital Pediatric Otolaryngology	125 Lattimore Road (East Entrance) Rochester, NY 14620 Phone: 585-758-5700 https://www.urmc.rochester.edu/childrens-hospital/pediatric-otolaryngology.aspx	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Upstate University Hospital Pediatric Otolaryngology	Upstate Specialty Services at Harrison Center Suite E 550 Harrison Street Syracuse, NY 13202 Phone: 315-464-4678 https://www.upstateearnosethroat.org/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	

Audiology			
Organization	Contact Information	Ages Served	Additional Info
Southern Tier Hearing Services	231 Main St #4 Vestal, NY 13850 Phone: 607-205-1041 https://sthearingervices.com/	Early Childhood* Elementary School Age Middle School Age High School Age Adulthood	*Starts screening as young as 6 months old. Does not do ABR testing in young children
UHS Audiology	30 Harrison Street Suite 300 Johnson City, NY 13790 Phone: 607-763-6554 https://www.nyuhs.org/care-treatment/audiology	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	



GI & Allergy			
Organization	Contact Information	Ages Served	Additional Info
Asthma & Allergy Associates P.C.	1550 Vestal Parkway East Suite 4 Vestal, NY 13850 Phone: 607-766-0235 https://allergistdocs.com/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Karjoo Family Center for Pediatric Gastroenterology at Upstate Golisano Children's Hospital	Physicians' Office Building Suite 504 725 Irving Avenue Syracuse, NY 13210 Phone: 315-464-8444 https://www.upstate.edu/gch/services/gi/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Pediatric Gastroenterology, Hepatology & Nutrition at University of Rochester Golisano Children's Hospital	Golisano Children's Hospital 601 Elmwood Avenue Ambulatory Care Center - 6th Floor Rochester, NY 14642 Clinton Crossings Office Complex 995 Senator Keating Boulevard Building E, Suite 340 Rochester, NY 14618 Phone: 585-275-264 https://www.urmc.rochester.edu/childrens-hospital/gastroenterology.aspx	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Smith Allergy & Asthma	401 Main Street Johnson City, New York 13790 Phone: 607-798-7811 https://smithallergy.com/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	

Dental			
Organization	Contact Information	Ages Served	Additional Info
Valley Dental Pediatrics	139 N Jensen Rd Vestal, NY 13850 Phone: 607-754-3903 https://www.valleydentalpediatrics.com/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Dinosaur Dental	1700 Monroe Street Endicott, NY 13760 Phone: 607-953-4445 https://dinodental.com/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	



Ophthalmology			
Organization	Contact Information	Ages Served	Additional Info
Sacco Eye Group	400 Plaza Drive Suite B Vestal, NY 13850 Phone: 607-798-8811 https://saccoeyegroup.com/	Early Childhood* Elementary School Age Middle School Age High School Age Adulthood	*7 months old and up
Upstate University Hospital Pediatric Ophthalmology	Upstate Specialty Services at Harrison Center 550 Harrison Street Syracuse, NY 13202 Phone: 315-464-5230 https://www.upstate.edu/healthcare/providers/location.php?clinicID=1107	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Vestal Eye Care Associates	157 Front Street Vestal, NY 13850 Phone: 607-754-4426 https://www.vestaleyecare.com/pediatric.html	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	

Psychiatry			
Organization	Contact Information	Ages Served	Additional Info
Aspect Psychiatric Services	1901 Vestal Parkway East, Suite 2W Vestal, NY 13850 Phone: 607-341-4950 https://aspectpsychiatricservices.com/index.php	Early Childhood* Elementary School Age Middle School Age High School Age Adulthood	*Starting at age 5, also work with children with developmental disabilities for medication management
Waverly Medical Associates	348 Broad St. Waverly, NY 14892 Phone: 607-821-2444	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	



**Pediatric Rehabilitation Services
(Physical Therapy, Occupational Therapy, & Speech Therapy)**

Organization	Contact Information	Ages Served	Additional Info
Child Mind Institute Autism Center	215 East 50th Street New York, NY 10022 Phone: 212-308-3118 https://childmind.org	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Family Enrichment Network	24 Cherry St. Johnson City, NY 13790 Phone: 607-723-8313 familyenrichment.org	Early Childhood	Address is main office. *For Early Intervention- call your local health care department. *For preschool or school age- call your local school district.
G & E Therapies	Phone: 877-426-3307 x3 https://gandetherapies.com/early-intervention-program/	Early Childhood	Providers work with a child at a place and time that works for your family. Call for more information.
Golisano Center for Special Needs	Madison-Irving Medical Center 475 Irving Avenue Syracuse, NY 13210 Phone: 315-464-3555 https://www.upstate.edu/specialneeds/departments/early-intervention.php	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
Guthrie Home Care Vestal	4102 Old Vestal Rd Vestal, NY 13850 Phone: 607-772-1598 https://www.guthrie.org/locations/home-care-vestal	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Services depend upon medical necessity; seek referral through pediatrician
HCA- Helping Celebrate Abilities	18 Broad Street Johnson City, NY 13790 Phone: 607-798-7117 Physical Therapy/Occpuational Therapy, dial: x332 Speech & Language Therapy, dial: x311 https://www.hcaserves.com/our-services/clinic-therapy-services/	Early Childhood Elementary School Age	



Pediatric Rehabilitation Services (continued) (Physical Therapy, Occupational Therapy, & Speech Therapy)			
Organization	Contact Information	Ages Served	Additional Info
Guthrie Lourdes Hospital Rehabilitation Services	169 Riverside Dr Binghamton, NY 13905 Phone: 607-798-5255 (main clinic) https://www.guthrie.org/locations/lourdes-hospital-rehabilitation-services	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	
UHS Occupational Therapy Services	(Johnson City location) UHS Wilson Medical Center Phone: 607-763-6000 https://www.nyuhs.org/care-treatment/uhs-physical-therapy-rehabilitation/occupational-therapy	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	*Locations vary and can be decided by you and your referring provider.
UHS Physical Therapy Services	4433 Vestal Parkway East 2nd Floor Vestal, NY 13850 Phone: 607-762-2176 https://www.nyuhs.org/care-treatment/uhs-physical-therapy-rehabilitation/physical-therapy-rehabilitation-outpatient-services	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Visit their website to view other locations and contact information for each location.
UHS Speech Therapy Services	Phone: 607-762-2100 to learn more https://www.nyuhs.org/care-treatment/uhs-physical-therapy-rehabilitation/speech-swallowing-feeding-services	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	*Locations vary and can be decided by you and your referring provider.



Substance Use and Addiction Support

Resources in alphabetical order

Organization	Contact Information	Ages Served	Additional Info
Addiction Center of Broome County (ACBC)	30 W State Street Floor 2 Binghamton, NY 13901 Phone: 607-723-7308 https://acbcservices.org/	Adulthood	Ages served depends on the specific service, call for more information or view under "services" tab
Fairview Recovery Services	5 Merrick Street Binghamton, NY 13904 Main Phone: 607-722-8987 Addiction Stabilization Center Phone: 607-722-4080 https://frsinc.co/services/addiction-stabilization-center/	Adulthood	Crisis, inpatient, and health home care management services
Substance Abuse and Mental Health Services Administration (SAMHSA) Helpline	Hotline: 1-800-662-4357 https://www.samhsa.gov	Middle School Age High School Age Adulthood	Available 24 hours a day, 7 days a week via phone in English and Spanish Provides free, confidential treatment referral and information service for individuals and families facing mental and/or substance abuse disorders Also helps educate youth about fentanyl and fake pills; preventing and responding to an overdose
UHS Addiction Medicine Department	10-42 Mitchell Avenue Binghamton, NY 13903 New Horizons Inpatient Unit Phone: 607-762-2255 New Horizons Outpatient Unit Phone: 607-762-3288 https://www.nyuhs.org/care-treatment/behavioral-health/addiction-medicine	Middle School Age High School Age Adulthood	Inpatient and outpatient treatment programs



Trauma & Crisis Supports

Resources in alphabetical order

Organization	Contact Information	Ages Served	Additional Info
Boystown USA-Your Life Your Voice Helpline	Hotline: 1-800-448-3000 Text: Text VOICE to 20121 (hours vary) https://www.yourlifeyourvoice.org/Pages/home.aspx	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Available 24/7 via phone, text, email (through website), and online chat for children, parents, and families who are struggling with self-harm, mental health disorders, and abuse
Broome County Suicide Awareness For Everyone (BCSAFE)	Broome County Mental Health Department 501 Reynolds Rd Johnson City, NY 13790 Phone: 607-778-2351 https://www.gobroomecounty.com/mh/bcsafe	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Provides educational and training resources to increase public awareness about suicide prevention
Childhelp National Child Abuse Hotline	Hotline: 1-800-422-4453 (can call or text) https://www.childhelp.org	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Available 24/7 via phone, text, and online chat. Connect with professional counselors for crisis intervention, information, and referrals to emergency, social service, and support resources in the United States and Canada. Interpreters are available for over 170 languages.
Crime Victims Assistance Center	377 Robinson Street Binghamton, NY 13907 Hotline: 607-722-4256 Text: 607-725-8196 https://cvac.us/	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Provides 24 hour support through crisis hotline and advocacy to all local hospitals and police agencies. For programs located in other counties, see website: https://nycasa.org/get-help/find-your-local-rape-crisis-program/



Trauma & Crisis Supports (continued)

Organization	Contact Information	Ages Served	Additional Info
Crisis Text Line	Text HOME to 741741 https://www.crisistextline.org	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Available 24/7 via text, WhatsApp, and online chat (through website). A trained crisis counselor responds to any messages from their online platform for those experiencing distress from anxiety, eating disorders, emotional abuse, depression, gun violence, loneliness, suicide, and self-harm.
Department of Defense (DoD) Safe Helpline for Sexual Assault	Hotline: 1-877-995-5247 https://safehelpline.org	High School Age Adulthood	Available 24/7 via phone or online live-chat through their website. Offers confidential crisis support service to provide sexual assault services for survivors, their loved ones, and other members of the DoD community.
Disaster Distress Helpline	Hotline: 1-800-985-5990 Text: Text "TalkWithUs" to 66746 https://www.samhsa.gov/find-help/disaster-distress-helpline	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Available 24/7 via phone, text, or videophone in English or Spanish. ASL support also available. Provides free, confidential, immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster.



Trauma & Crisis Supports (continued)

Organization	Contact Information	Ages Served	Additional Info
Gay, Lesbian, Bisexual and Transgender National Hotline	National Hotline: 1-888-843-4564 Coming Out Support: 1-888-688-5428 Youth Talkline: 1-800-246-7743 Senior Helpline: 1-888-234-7243* https://lgbthotline.org	Elementary School Age Middle School Age High School Age Adulthood	*Hotline hours vary - see website for more information. Available via phone and online chat. Serves gay, lesbian, bisexual, transgender, and questioning individuals by providing free and confidential peer support and local resources
Love is Respect-National Teen Dating Abuse Hotline	Hotline: 1-866-331-9474 Text: "LOVEIS" to 22522 https://www.loveisrespect.org Chat online: https://www.loveisrespect.org/get-relationship-help-24-7-365/	Middle School Age High School Age Adulthood	Offers 24/7 information, support, and advocacy to young people who have questions or concerns about their dating relationships, as well as resources and information
National Alliance on Mental Illness (NAMI) Helpline	Hotline: 1-800-950-6264 Text: Text "HelpLine" to 62640 https://www.nami.org/help	Middle School Age High School Age Adulthood	Assists individuals and families who have questions about mental health disorders, treatment, and support services. <i>Not a hotline or crisis line.</i>
National Center for Missing and Exploited Children (NCMEC)	Hotline: 1-800-843-5678 https://www.missingkids.org/home Cyber Tipline: http://www.missingkids.com/gethelpnow/cybertipline	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Reporting center for all issues related to the prevention of and recovery from child victimization
National Human Trafficking Hotline	Hotline: 1-888-373-7888 https://humantraffickinghotline.org/en	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	National anti-trafficking hotline serving victims and survivors of human trafficking and the anti-trafficking community in the United States. The toll-free hotline is available to answer calls from anywhere in the country, 24/7 in more than 200 languages



Trauma & Crisis Supports (continued)			
Organization	Contact Information	Ages Served	Additional Info
National Runaway Safeline	<p>Hotline (call or text): 1-800-786-2929</p> <p>https://www.1800runaway.org</p> <p>Live Chat: https://www.1800runaway.org/youth-teens/get-help#get-help-chat</p>	<p>Early Childhood Elementary School Age Middle School Age High School Age Adulthood</p>	<p>Available 24/7 via phone, email, forum, and online chat.</p> <p>Provides crisis and support services for homeless/runaway youth in the United States.</p>
National Suicide Prevention Lifeline	<p>Phone or Text: 988</p> <p>https://988lifeline.org</p>	<p>Early Childhood Elementary School Age Middle School Age High School Age Adulthood</p>	<p>Available 24/7 via phone, text, and online chat.</p> <p>Provides free and confidential support for people in distress, prevention, and crisis resources, and best practices for professionals</p>
New York State Coalition Against Sexual Assault	<p>16 N. Greenbush Road Suite 207 Troy, NY 12180 Phone: 518-482-4222* https://www.nyscasa.org</p> <p>*Phone number is for general inquiries. For immediate help in NY, call NYS Hotline for Sexual Assault and Domestic Violence: 1-800-942-6906</p>	<p>Early Childhood Elementary School Age Middle School Age High School Age Adulthood</p>	<p>Refers to multiple programs, trainings, and resources for victims' rights, local rape crisis programs, medical/sexual assault exams, legal information, safety planning, and human trafficking.</p>
New York Systemic, Therapeutic, Assessment Resources and Treatment (NYSTART)/Crisis Services for Individuals with Intellectual and/or Developmental Disabilities (CSIDD)	<p>Broome Developmental Disabilities Services Office 305 Main Street Binghamton, NY 13905 Phone: 607-217-6584 (Southern Tier) or 315-362-0800 (24 hour line for new referrals and immediate needs) https://opwdd.ny.gov/nystartcsidd</p>	<p>Elementary School Age Middle School Age High School Age Adulthood</p>	<p>Provides crisis prevention and response services to people with developmental disabilities and complex behavioral needs, as well as their support systems. Individuals must be age 6+ and OPWDD-eligible. Additional information, including eligibility and specific services, listed on their website. For contact information for other counties, see website: https://opwdd.ny.gov/contact-us</p>



Trauma & Crisis Supports (continued)			
Organization	Contact Information	Ages Served	Additional Info
Pathways to Safety International	Hotline: 1-833-723-3833 https://pathwaystosafety.org	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Available 24/7 via phone, email, and online chat Assists US Citizens experiencing interpersonal and gender-based violence abroad
Rape, Abuse & Incest National Network (RAINN)	Hotline: 800-656-4673* online.rainn.org	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Refers to multiple programs and resources preventing sexual violence, helping survivors. *Chat available 24/7 via phone, website, mobile application: https://hotline.rainn.org/online
StrongHearts Native Helpline	Hotline: 1-844-762-8483 https://strongheartshelpline.org Can also click chat icon on page to chat online	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	StrongHearts Native Helpline offers culturally-informed support and advocacy 24/7 for Native Americans and Alaska Native individuals
Substance Abuse and Mental Health Services Administration (SAMHSA) Helpline	Hotline: 1-800-662-4357 https://www.samhsa.gov/find-help/national-helpline	Middle School Age High School Age Adulthood	Available 24/7 via phone in English and Spanish. Provides free, confidential treatment referral and information service for individuals and families facing mental and/or substance abuse disorders
The National Domestic Violence Hotline	Hotline: 1-800-799-7233 or 1-800-787-3224 (TTY) Live Chat Online: https://Text "START" to 88788 www.thehotline.org	Early Childhood Elementary School Age Middle School Age High School Age Adulthood	Trained expert advocates available 24/7 via phone or online chat that provide free, confidential support to anyone experiencing domestic violence. Help is available in Spanish & other languages



Trauma & Crisis Supports (continued)			
Organization	Contact Information	Ages Served	Additional Info
The Trevor Project	Hotline: 1-866-488-7386 Text: Text "START" to 678-678 https://www.thetrevorproject.org/get-help/	Middle School Age High School Age Adulthood	Available 24/7 via phone, text, and online chat (through website). Provides free, confidential, crisis support to LGBTQ+ individuals thinking about harming themselves. TrevorSpace has an international community for LGBTQ young people aged 13-24 to connect with others in the community who are not ready to speak with a counselor, as well as a range of resources through their website.
Women's Law	https://www.womenslaw.org Email hotline: https://hotline.womenslaw.org/	High School Age Adulthood	Provides basic legal information, referrals, and emotional support for victims of abuse