

**HEALTH INSURANCE BIWEEKLY RATES: EFFECTIVE JANUARY 1, 2025**  
*New rates begin with check dated December 31, 2024 (Jan. 1 holiday)*  
**CSEA, M/C, NYSCOPBA, PBA-NYS, PEF & UUP**

HEALTH PLAN (CODE #)		CSEA, MC Classified, NYSCOPBA, PBA-NYS & PEF employees equated to <i>Salary Grade 9 and below</i> ; and MC Professional & UUP employees with annualized salary <i>less than \$50,885</i>		CSEA, MC Classified, NYSCOPBA, PBA-NYS & PEF employees equated to <i>Salary Grade 10 and above</i> ; and MC Professional & UUP employees with annualized salary <i>at \$50,885 and above</i>	
		<i>Individual</i>	<i>Family</i>	<i>Individual</i>	<i>Family</i>
EMPIRE (001)	<b>2025</b>	\$60.23	\$272.67	\$80.31	\$324.22
	2024	\$60.07	\$271.92	\$80.09	\$323.33
CDPHP (300)	<b>2025</b>	\$98.03	\$248.45	\$117.29	\$296.86
	2024	\$72.59	\$225.20	\$90.95	\$269.15
HMO BLUE (072)	<b>2025</b>	\$58.77	\$248.57	\$78.36	\$296.28
	2024	\$52.85	\$223.02	\$70.47	\$265.85
MVP (330)	<b>2025</b>	\$87.54	\$245.35	\$107.07	\$293.19
	2024	\$63.00	\$223.75	\$81.59	\$267.38

**The 2025 NYSHIP Option Transfer Period will run until December 31, 2024, including the Pre-Tax Contribution Program. No action is required if you are not changing your health plan or tax election for 2025.**

Paper copies of the [2025 Choices Booklet](#) & [2025 Choices Supplement Insert](#), along with the [PS-404 Health Insurance Transaction Form](#) are available upon request from Human Resources, AD 242. *The HR Office will be closed 12/25/24 - 1/1/25.*

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