## Pre-Health Planning Sheet: Optometry

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<th>Fall _____</th>
<th>Winter</th>
<th>Spring _____</th>
<th>Summer</th>
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**Fall _____**
- Declare pre-health area of interest (if known) and subscribe to the pre-health listserv
- Meet with a Freshman-Sophomore pre-health advisor to discuss progress and degree planning
- Begin meeting with Dr. Langhorne to start credentialing file
- Complete applications and begin interview process

**Winter**
- Explore internship, research, study abroad or other co-curricular opportunities that interest you
- Join clubs & activities that you enjoy and will give you a variety of experience
- If you haven’t already, consider starting your healthcare experience or patient care hours
- Take OAT exam
- Begin Optometry School Applications

**Spring _____**
- If you haven’t already, declare a major and meet with your faculty advisor to discuss your remaining major requirements
- Complete all pre-health prerequisite coursework by this semester
- Take OAT exam
- Begin Optometry School Applications

**Summer**
- Graduate and transition to your next step
- Receive application decisions
Required Courses (*Courses should be taken before OAT):

- *Intro Biology (2 semesters) & Lab
- *Intro Chemistry (2 semesters) & Lab
- *Organic Chemistry (2 semesters) & Lab
- *Physics I & II (2 semesters)
- Microbiology (1 semester)
- Psychology (1 semester)
- English (2 semesters)
- Calculus (1-2 semesters depending on program)
- *Statistics (1 semester)